

Our Patients Together

Mental Health Month
Speed Networking Evening

Hosted by Healthy North Coast



Wednesday 28 October 2026



5:30pm to 7:30pm



**Healthy North Coast Office, 30
Gordon Street, Coffs Harbour**



**Food platters and light
refreshments provided**



**Certificate of attendance
available on request**

RSVP by 5pm Wednesday
21 October 2026 [here](#) or
by scanning the QR code.

For more information,
contact Lauren Bugler,
Regional Manager, Primary
Care at lbugler@hnc.org.au



Join psychologists, mental health clinicians, general practitioners, peer workers and service providers from across the Coffs Harbour and Bellingen LGAs for an evening of networking, collaboration and professional connection.

Benefits for you:

Connect with like-minded professionals working across the local region

Strengthen referral pathways and collaborative care opportunities

Increase awareness of local services and supports

Build meaningful professional relationships that contribute to better community outcomes

Benefits for your community:

Improved local access

Care closer to home

Stronger shared care.

Who should attend:

Psychologists (all career stages)

Aboriginal health practitioners and workers

Mental health practitioners (including nurses and social workers)

Peer workers

General practitioners