HealthPathways
Mid & North Coast of NSW



Register for an individual HealthPathways account to track usage and create a CPD report

HealthPathways for Residential Aged Care Home (RACH) clinicians

HealthPathways is a free evidence-based online resource, developed by local clinicians for local clinicians, including those working in (RACHs). It provides practical, localised guidance to support decision-making and quality care for residents.

HealthPathways provides:

Faster access to local guidance

Quick, easy access to locally developed guidance for common clinical presentations in residential aged care. Practical, evidence-based advice on assessment, initial management, monitoring, and when to escalate care.
Clear referral information

Local referral pathways and service information to support timely escalation, referral and coordination of care.

Consistent care across the team

A shared approach to managing common clinical presentations and recognising and acting upon deterioration.

Resources for residents and families

Links to plain-language information sheets and printable resources that can support conversations with residents and families, where appropriate.

Professional Learning Support

See the “For Health Professionals” section at the bottom of each HealthPathway for links to recommended resources for continuing professional development.

Earn CPD with HealthPathways by registering for a free HealthPathways account:

- Automatic tracking of HealthPathways usage for your CPD reporting
- Log learning reflections as you go
- Easily generate CPD reports

Register here:

Learn more: CPD Hours for HealthPathways Use

Nurses, Pharmacists & Allied Health
Help us develop HealthPathways resources that meet your needs. Use the black **"Send Feedback"** button on any HealthPathway to share your ideas.

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Health concerns in older people

Abuse and Neglect of Older People
Delirium
Dementia and Cognitive Impairment – Assessment and Prevention
Dementia ongoing management
Behavioural and Psychological Symptoms of Dementia (BPSD)
Depression in Older People
Falls Risk Assessment and Management
Frailty in Older Adults
Parkinson's Disease
Unexpected Deterioration in an Older Person
Medication Management Services
Older Persons Health Referrals

Common Acute Condition

Acute Respiratory Infections (COVID-19 and Influenza) in Residential Aged Care
Adult Sepsis (Including Meningitis)
Acute Chest Pain and Acute Coronary Syndrome
Cellulitis
Urinary tract infection
Community-acquired pneumonia
Stroke and TIA

Common Chronic Disease

Heart Failure
Ischaemic Heart Disease
Kidney disease
Diabetes
Liver conditions

Useful Pathways for RACH settings

Cultural Awareness and Cultural Safety
Advance Care Planning (ACP)
Certification of Death
Carer Stress and Carer Support
Immunisation in Adults
Aged Care Assessment (My Aged Care)
Ambulance Referrals from General Practice and Residential Facilities
NSW Ambulance Authorised Care Plans
My Health Record

Palliative Care

Anticipatory Prescribing for End of Life Care
Early intervention for Palliative Care
Pain Management in Palliative Care
Management of the Terminal Phase
Voluntary Assisted Dying
Palliative Care Resources
Palliative Care Referrals

Wound Care

Skin Tears
Hard to heal wounds
Pressure Injury in Spinal Cord Injury
Wound Management Products
Burn injuries
Wound Management Nursing