

AN EVENING OF SLEEP

Practical Updates in Adult & Paediatric Sleep Medicine for General Practice



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THURSDAY
6 AUGUST 2026



6:00 PM
ONWARDS



JW MARRIOTT
Gold Coast Resort & Spa

Join us for an informative and engaging evening dedicated to practical updates in sleep medicine relevant to everyday general practice.

An opportunity to connect with colleagues, discuss emerging developments and gain practical insights into the diagnosis and management of sleep disorders.



Program Highlights

- Practical updates in sleep apnoea diagnosis and management
- Insomnia and behavioural sleep medicine
- Emerging therapies and treatment pathways
- Interactive GP quiz and discussion
- Dinner and networking



Learning Objectives

- Recognise common presentations of sleep disorders in primary care
- Understand evolving treatment options in sleep apnoea
- Review practical approaches to insomnia management
- Apply key take-home strategies to clinical practice

SPACES ARE LIMITED

We look forward to welcoming you for an evening of education, discussion and networking.

Scan to RSVP

Or
<https://forms.gle/CrWY4UqdB5EZQCwF6>
Please RSVP by 24 July 2026

