

THE PAIN GAME: TACKLING CHRONIC CHALLENGES WITH CLINICAL CONFIDENCE

A Workshop for Allied Health Practitioners

Dr. Paul Cochrane

Anaesthetist,
Pain Specialist



Anton Rogers

Pain Physiotherapist



Dallas Rae

Clinical Psychologist



Mark Roberts

Private Accredited
Exercise Physiologist



Professor Vicki Flood

Health Academic,
Dietitian/Nutritionist



Ray Chen

Integrative
Physiotherapist



This workshop brings together a wide range of expertise on the topic of chronic pain.

Hear about recent research initiatives into chronic pain, and gain insights into medical management of pain.

The forum will also consider mechanisms at work in chronic pain, cognitive and dietary interventions, and the use of exercise to interrupt the negative neural loops associated with chronic pain conditions.

Then join with your colleagues in exploring case studies and clinical reasoning.

SATURDAY

**15 AUGUST, 2026
9AM-3PM**

University Centre for
Rural Health
Lismore Campus

Uralba St Lismore

\$100 - NCAHA Member
\$120 - Non-Member
\$30 - Student

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