

# InsideOut GP Hub Webinar

**GP Hub**  
by INSIDEOUT

The Role of the Primary Care Remote Nurse  
in the identification & treatment of people  
with eating disorders



**CPD ENDORSED**

The Role of the Primary Care  
Remote Nurse in the  
identification and treatment of  
people with eating disorders

Feb 2026 – Feb 2028

7 May 2026 7 PM (AEST) | & 16 June 2026 1PM (AEST)

Online webinar | APNA endorsed

Presented by Bridget Mulvey, Clinical Nurse Consultant, Masters  
of Mental Health (Child & Adolescent), TAFE trainer accreditation  
Certificate 3, & Peta Marks RN, BN, MPH, MCFT, Credentialed MHN

## The InsideOut GP Hub

The InsideOut GP Hub is a groundbreaking, evidence-based resource designed to support remote practice nurses and primary healthcare teams in the identification, assessment, and ongoing support of people living with eating disorders within the scope of nursing practice.

Co-designed with clinicians and people with lived experience, the GP Hub provides practical, point-of-care guidance to support early detection, patient engagement, care coordination, monitoring, and referral pathways in remote and primary care settings.

## Who should attend:

All Primary Health Nurses, particularly those working in regional and remote areas.

## Webinar Details

This interactive APNA endorsed webinar is designed to strengthen remote primary health nurses' knowledge and confidence in recognising, assessing, and supporting people with eating disorders using evidence-based practice.

## What you'll gain:

- Describe eating disorder diagnoses, prevalence, at-risk groups, & the impact of stigma.
- Explain the importance of early detection, screening, & intervention.
- Apply practical strategies to confidently support patients with eating disorders.
- Identify medical and psychiatric risks & appropriate management guidelines.
- Understand referral pathways & multidisciplinary coordination between GPs, hospitals, & specialist services.



[Register for 7 May session](#)



[Register for 16 June session](#)