

# InsideOut GP Hub Webinar

Recognising, Managing and  
Supporting Patients with Eating  
Disorders in General Practice

12 March 2026 12 PM (AEDT) | & 16 April 2026 7PM (AEDT)

Online webinar | RACGP & ACRRM-accredited

Presented by Dr Karen Spielman & Dr Rachel Kalman

## The InsideOut GP Hub

The InsideOut GP Hub is a ground-breaking, evidence-based resource designed to support GPs in the optimal management of people living with eating disorders, from early detection to treatment, and beyond. Created with GPs, for GPs and co-designed with lived experience, it provides practical, point-of-care guidance for use in everyday consultations.

## Webinar Details

This interactive webinar introduces GPs to the GP Hub and demonstrates how to use it as a one-stop-shop to recognise eating disorders early, guide clinical decision-making, support patients, and navigate referral pathways with confidence.

## What you'll gain:

- Identify and assess eating disorders using early recognition, screening, and EDPs.
- Use the GP Hub for evidence-based assessment, management, & referral.
- Deliver coordinated care with practice teams, including nurses.
- Apply GP Hub decision support, escalation pathways, and emergency guidance for complex cases.

## Who should attend:

General Practitioners and primary care clinicians seeking practical, accredited education in eating disorder management.



[Register for 12 March session](#)



[Register for 16 April session](#)