



What are Community-led Safe Spaces?

Community-led Safe Spaces are community-based services to support people who are experiencing emotional or suicidal distress.

These spaces are volunteer-run, non-clinical services where people experiencing suicidal distress can find compassionate and empathetic support from volunteers who have also experienced their own suicidal distress or have lived experience of suicide* and have been trained to use their lived experience to support others.

The Community-led Safe Space volunteer workforce, known as Peer CARE Companions, are local people with lived experience of suicidal distress who are trained by Roses in the Ocean to use their lived experience to support others.

Community-led Safe Spaces are intended to provide a welcoming, approachable service that is an alternative or addition to other services that may not be immediately available or the most appropriate fit for a person's needs all the time.

For more information on Community-led Safe Spaces, please visit our website: <https://rosesintheocean.com.au/community-led-safe-spaces/>

Community-led Safe Spaces | Volunteer with us

Become a Working Group member or volunteer in our Community-led Safe Spaces.

Are you wanting to lead the way in helping people experiencing suicidal distress in your community? Do you have lived experience of suicide* and feel like you're ready to give back to your community and help people?

Community-led Safe Space volunteers to welcome and support people experiencing suicidal or emotional distress, or thoughts, and their support network to the Safe Space.

To become a volunteer within a Community-led Safe Space, we ask you to have:

- availability of at least 3 hours per month
- availability to complete online self-paced training and 1.5. days of online workshops
- can be involved for a minimum of 12 months

For more information about volunteering, please visit our website:
<https://rosesintheocean.com.au/community-led-safe-spaces-volunteer-with-us/>

Please ensure you have read the *'Readiness to be Involved in Suicide Prevention'* document before completing your application, which you can find [here](#).

**Lived Experience of Suicide: we define Lived Experience as having experienced suicidal thoughts, survived a suicide attempt, been bereaved by suicide, or cared for someone who has been suicidal.*

Our “000” position

Contact of emergency services by Roses in the Ocean’s Non-clinical Peer-led Services.

To ensure the safety, health, and wellbeing of all people involved in Roses in the Ocean’s Non-clinical Peer-led Services, emergency services will only be contacted in situations where:

1. a person who is actively engaged in the service requests we do, or
2. a person is disengaging from the service AND has communicated that they have the immediate intention of acting on their plan of suicide; or
3. an incident occurs requiring immediate medical or other assistance.

As would be standard practice in any home, workplace or community space, emergency services will also be contacted if:

- there is an immediate and imminent threat to the life and safety of any person, including a volunteer or 3rd party (e.g.: medical attention is required for an injury; a person within the service is being physically threatened by another; or an intention is disclosed to harm a 3rd party outside of the service), or
- the physical environment where Non-clinical Peer-led Services are taking place is in danger (e.g.: fire).

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