

North Coast - NMHSPA Bilateral PHN Program 2023-24 - 2027-28 Activity Summary View



NAB-H2H - 1 - Adult Mental Health Centre and Satellite Network



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

1

Activity Title *

Adult Mental Health Centre and Satellite Network

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Aim of Activity *

Medicare Mental Health adult mental health centres and satellites provide a safe and welcoming space for adults who may be in distress or crisis or need help to find the right services and support for their individual needs.

Medicare Mental Health Centres and Satellites offer the following core service elements:

- i. responds to people experiencing crisis or in significant distress;
- ii. provide a central point to connect people to other services in the region, including through offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family;
- iii. provide in-house assessment using the Initial, Assessment and Referral (IAR) decisional support tool to connect people with the most appropriate services;
- iv. provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms.

Description of Activity *

Healthy North Coast will work collaboratively with Northern NSW and Mid North Coast Local Health Districts to support collaborative and integrated service models, to support the seamless transfer of care between primary and tertiary based services. Key to the implementation of the programs is the link with key services and stakeholders, to embed the services within existing service systems and referral processes.

The Medicare Mental Health phone service will be integrated with the services, ensuring quality referral and warm transfer management for consumers accessing the Medicare Mental Health Program.

The Medicare Mental Health services will focus on:

- Responding to people experiencing crisis and distress
- Providing a central location to connect people to services and access support
- Provision of biopsychosocial assessment
- Evidence-based immediate, short to medium episodes of care
- Links to other services and support

Kempsey Medicare Mental Health Satellite:

Establish a community-based Medicare Mental Health Satellite adult mental health service in Kempsey. Healthy North Coast will work with Mid North Coast Local Health District to ensure services are targeted toward supporting the specific care needs of the community. The satellite will be a multidisciplinary collaborative mental health service that is embedded in the primary care system in Kempsey and aligned to the Medicare Mental Health Service Model specifications. The service will be walk in, offering holistic support, with linkages to social and community-based supports and services that address co-existing health conditions and address social determinants of health.

HNC will utilise its Health Needs Assessment and other relevant data sources to inform health need requirements along with workforce requirements to ensure staffing profile meets the needs of the community.

Tweed Heads Medicare Mental Health Satellite:

Establish a community-based Medicare Mental Health Satellite adult mental health service in Tweed Heads. Healthy North Coast will work alongside Northern NSW Local Health District to ensure services are targeted toward supporting the specific care needs of the community. The satellite will be a multidisciplinary collaborative mental health service that is embedded in the primary care system in Tweed Heads and aligned to the Medicare Mental Health Service Model specifications. The service will be walk in, offering holistic support, with linkages to social and community-based supports and services that address co-existing health conditions and address social determinants of health.

HNC will utilise its Health Needs Assessment and other relevant data sources to inform health need requirements along with workforce requirements to ensure staffing profile meets the needs of the community.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Provide appropriate levels of commissioned mental health services, particularly in Kyogle and Kempsey, the LGAs with lowest usage	148
Deliver mental health services by the appropriate modality of care and mode of contact to meet the needs of the client	148
Improve access to primary mental health care services to reduce mental health-related presentations to EDs and hospitalisations, particularly in Kempsey-Nambucca SA3	143

Improve access to primary mental healthcare services	143
Enhance access to mental health services and reduce wait times, particularly for psychological therapies, to alleviate mental health issues	142



Activity Demographics

Target Population Cohort

Whole of population, men aged 35-65 years of age, Aboriginal and Torres Strait Islander people.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Kempsey - Nambucca	10802
Tweed Valley	11203



Activity Consultation and Collaboration

Consultation

Ongoing consultation and active engagement across all levels of the selected community are central features of all initiatives implemented under the Activity. Regular engagement with Northern NSW and Mid North Coast Local Health District, to ensure activities and investment is directed at the at-risk groups in the community.

Collaboration

Strong collaboration is the foundation on which all initiatives implemented under the Activity are based. This ensures local relevance, local ownership and therefore sustainability of strategies designed to change systems and community relationships. Key stakeholders include:

- Northern NSW and Mid North Coast Local Health Districts
- Community-based organisations
- GPs
- People with lived experience



Activity Milestone Details/Duration

Activity Start Date

01/08/2022

Activity End Date

30/06/2028

Service Delivery Start Date

01/08/2022

Service Delivery End Date

30/06/2028



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Co-design or co-commissioning comments

All stakeholders contribute as design partners, participating in idea generation as well as providing opinions and feedback on existing design concepts.

- Proposed interventions are understood and continually evaluated on whether they are relevant, meaningful, and engaging to all stakeholders who stand to benefit from them, as well as taking into consideration potential for harm and their anticipated impact on mental health and wellbeing outcomes.
- Users of the service/intervention/solution are put in the centre of all design decisions.



NAB-UAS - 1 - Universal Aftercare Services



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

1

Activity Title *

Universal Aftercare Services

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Aim of Activity *

The Universal Aftercare Program aims to:

- reduce system fragmentation through improved integration between primary and tertiary care settings address gaps in the system, by ensuring community-based mental health and suicide prevention services are effective, accessible and affordable;
- ensure people who are at risk of suicide are connected to evidence-based and best practice supports, to reduce risk of future attempts and connect people with the care and support needed to stay safe and reduce risk of future attempts;
- build coping or self-management skills and protective factors in people at risk of suicide behaviours and/or self-harm.

Description of Activity *

A suicide attempt is the strongest risk factor for subsequent suicide, and the risk for suicide after an attempt is significantly elevated compared to the general population. The universal aftercare program offers aftercare support to people living in the Tweed, Lismore, Byron and Grafton areas through the provision of The Way Back NSW North Coast Service. The Way Back NSW North Coast is an aftercare program offering aftercare follow up, with non-clinical one-on-one care to guide people safely through the critical risk period of up to three months. The program prioritises safety planning, support planning and guided support to connect with services and supports.

The service model includes the following staffing profile:

- 2 Clinical Leads
- 7 Support Coordinators
- 1 Aboriginal Support Coordinator

- 1 Administration officer

Modified Activity:

The Way Back NSW North Coast offers assertive outreach and care coordination support, delivered by trained Support Coordinators under the supervision of a Clinical Lead (credentialed mental health clinician) for a period of up to three months. Through assertive outreach, Support Coordinators co-create safety and support plans and link clients to available clinical and community-based services, to ensure they are safe and accessing the community-based support that is available. The Way Back NSW North Coast is being delivered in site locations across the North Coast region, which includes, Port Macquarie, Coffs Harbour, Grafton, Lismore, Byron and Tweed Heads.

The Way Back NSW North Coast incorporates trauma-informed approaches and endorses multi-sectorial methods to health care and safety. Aftercare is an imperative aspect of suicide prevention as it facilitates a gateway for individuals identified as high-risk (of suicidal behaviours) to receive or connect with appropriate mental health services. The Way Back NSW Service Model assists health professionals and providers to best support individuals experiencing suicidal risk distress towards safety. The model is supported by four guiding principles:

1. promote strength and resilience
2. psychosocial and clinical needs are complementary
3. support must be responsive to individual needs
4. timely support is critical to managing risk.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 – 2026-27

Priorities

Priority	Page reference
Reduce the rate of major depression and anxiety disorders for people aged 12-17 in the North Coast, particularly in Tweed Valley, Kempsey-Nambucca, Richmond Valley-Hinterland and Clarence Valley SA3s	149
Improve mental health outcomes for consumers in the 'missing middle', who require higher level of care than available in primary mental health care services, but lower than tertiary level care	143
Improve access to primary mental healthcare services	143
Reduce psychological distress for people in the North Coast to improve mental health wellbeing	143



Activity Demographics

Target Population Cohort

Men aged 35-65 years, young people aged 15-24 years.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Richmond Valley - Coastal	11201
Tweed Valley	11203
Clarence Valley	10401
Coffs Harbour	10402
Richmond Valley - Hinterland	11202



Activity Consultation and Collaboration

Consultation

Healthy North Coast consulted with community-based organisations including services providing supports to the community to address social determinants of health, along with mental health and suicide prevention services and supports to ensure services are integrated, referral pathways are clear and that new services in the Mid North Coast are established in an area of need.

Collaboration

Key collaborators for the delivery of the Universal Aftercare program are the Northern NSW and Mid North Coast Local Health Districts, along with community-based organisations delivering supports to people across the region. Healthy North Coast will work closely with the Mid North Coast LHD to establish the Mid North Coast universal aftercare site and with the LHD specific roles recruited through the MoH funding. Healthy North Coast has expanded on the governance structures established to monitor provision of The Way Back NSW Program in Northern NSW region, to include Mid North Coast LHD, ensuring there are regular touchpoints to look at barriers and enablers to service provision and ensure services are effectively meeting the needs of the community.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/05/2023

Service Delivery End Date

01/10/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Co-design or co-commissioning comments

Healthy North Coast will work in partnership with Northern NSW Local Health District, Mid North Coast Local Health District and community members, people with lived experience and a wide range of community-based stakeholders to develop and design best practice service delivery models. Proposed changes to service models will be communicated with the Department and MoH prior to award of contract.



NAB-HE - 1 - headspace Enhancement - Coffs Harbour



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

1

Activity Title *

headspace Enhancement - Coffs Harbour

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

The headspace Enhancement is intended to increase access to coordinated, multi-disciplinary care for cohorts of young people, as to improve workforce attraction and retention. Additional and ongoing funding will be provided to headspace services to bolster existing service delivery grant funding. The funding will:

- Enhance the headspace services in the North Coast region, in accordance with the Activity Guidance provided by the Department.
- Deliver enhancement allocations to the existing headspace locations to help reach the applicable funding floor.

Description of Activity *

Healthy North Coast has commissioned Health Voyage to deliver the headspace Coffs Harbour services to young people aged 12-25 years experiencing, or at risk, of mental illness.

The headspace model provides holistic care in four core streams:

- mental health
- related physical health
- alcohol and other drug use, and
- social and vocational support.

headspace Coffs Harbour will utilise headspace Enhancement funding to increase FTE of clinical, community engagement and administration and management staff. headspace Coffs Harbour will further enhance education and training opportunities available to staff within the headspace centre, with a view to improve workforce attrition and attraction.

headspace Coffs Harbour will also work with HNC on a GP engagement strategy to increase access to physical and sexual health supports for young people who access the centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Promote early help seeking for medical concerns from primary care services to reduce burden on EDs	146
Improve integration of services, continuity of care and consumer/provider experience	145



Activity Demographics

Target Population Cohort

Young people aged 12-25 years experiencing, or at risk, of mental illness.

In Scope AOD Treatment Type:

headspace Coffs Harbour will work in partnership with funded primary care AOD services to bolster referral pathways and provide advice to primary care AOD services on identifying and targeting underserved youth cohorts in AOD treatment. headspace Coffs Harbour will also provide support to deliver harm minimisation education to local schools and networks.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Coffs Harbour	10402



Activity Consultation and Collaboration

Consultation

headspace Coffs Harbour will work with internal staff including the Youth Access Clinician and Youth Advisory Committee to determine where Enhancement funding should be directed to best support the needs of people accessing the services.

Collaboration

headspace Coffs Harbour will work with Healthy North Coast and headspace National to determine best direction of funding allocation under the Enhancement Program.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

1/10/2023

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No



NAB-HE - 2 - headspace Enhancement - Grafton



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Grafton

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

The headspace Enhancement is intended to increase access to coordinated, multi-disciplinary care for cohorts of young people, as to improve workforce attraction and retention. Additional and ongoing funding will be provided to headspace services to bolster existing service delivery grant funding.

The funding will:

- Enhance the headspace services in the North Coast Region, in accordance with the Activity Guidance provided by the Department;
- Deliver enhancement allocations to the existing headspace locations to help reach the applicable funding floor.

Description of Activity *

Healthy North Coast has commissioned Health Voyage to deliver the headspace Grafton services to young people aged 12-25 years experiencing, or at risk, of mental illness.

The headspace model provides holistic care in four core streams, which are:

- mental health
- related physical health
- alcohol and other drug use, and
- social and vocational support.

headspace Grafton will utilise headspace Enhancement funding to enhance education and training opportunities available to staff within the headspace centre, with a view to improve workforce attrition and attraction.

headspace Grafton will also work with HNC on a GP engagement strategy to increase access to physical and sexual health supports for young people who access the centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Improve access to primary mental healthcare services	143
Reduce psychological distress for people in the North Coast to improve mental health wellbeing	143
Improve integration of services, continuity of care and consumer/provider experience	145



Activity Demographics

Target Population Cohort

Young people aged 12-25 years experiencing, or at risk, of mental illness.

In Scope AOD Treatment Type *

headspace Grafton will work in partnership with funded primary care AOD services to bolster referral pathways and provide advice to primary care AOD services on identifying and targeting underserved youth cohorts in AOD treatment. headspace Grafton will also provide support to deliver harm minimisation education to local schools and networks.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Clarence Valley	10401



Activity Consultation and Collaboration

Consultation

headspace Grafton will work with internal staff including the Youth Access Clinician and Youth Advisory Committee to determine where Enhancement funding should be directed to best support the needs of people accessing the services.

Collaboration

headspace Grafton will work with Healthy North Coast and headspace National to determine best direction of funding allocation under the Enhancement Program.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Yes

Decommissioning details?

This activity is under a time limited grant and ends on 30 June 2026. Healthy North Coast works with the commissioned provider to transition to funding floor level, centre-based services.



NAB-HE - 3 - headspace Enhancement - Kempsey



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

3

Activity Title *

headspace Enhancement - Kempsey

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

The headspace Enhancement is intended to increase access to coordinated, multi-disciplinary care for cohorts of young people, as to improve workforce attraction and retention. Additional and ongoing funding will be provided to headspace services to bolster existing service delivery grant funding.

The funding will:

- Enhance the headspace services in the North Coast region, in accordance with the Activity Guidance provided by the Department;
- Deliver enhancement allocations to the existing headspace locations to help reach the applicable funding floor.

Description of Activity *

Healthy North Coast has commissioned The Samaritans to deliver the headspace Kempsey services to young people aged 12-25 years experiencing, or at risk, of mental illness.

The headspace model provides holistic care in four core streams, which are:

- mental health
- related physical health
- alcohol and other drug use
- social and vocational support.

headspace Kempsey will utilise the headspace Enhancement funding to increase access to coordinated, multi-disciplinary care for cohorts of young people, as well as to improve workforce attraction and retention within headspace services.

headspace Kempsey will also work with HNC on a GP engagement strategy to increase access to physical and sexual health supports for young people who access the centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Improve cultural sensitivity and gender- and age-appropriateness in mental health services	150
Reduce prevalence of suicide attempt for youth in the North Coast, particularly in Kempsey-Nambucca SA3	143
Enhance access to mental health services and reduce wait times, particularly for psychological therapies, to alleviate mental health issues	142



Activity Demographics

Target Population Cohort

Young people aged 12-25 years old experiencing, or at risk, of mental illness.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Kempsey - Nambucca	10802



Activity Consultation and Collaboration

Consultation

headspace Kempsey will work with internal staff including the Youth Access Clinician and the Youth Advisory Committee to determine where Enhancement funding should be directed to best support the needs of people accessing the services.

Collaboration

headspace Kempsey will work with Healthy North Coast and headspace National to determine best direction of funding allocation under the Enhancement Program



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No



NAB-HE - 4 - headspace Enhancement - Lismore



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

4

Activity Title *

headspace Enhancement - Lismore

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

The headspace enhancement is intended to increase access to coordinated, multi-disciplinary care for cohorts of young people, as to improve workforce attraction and retention. Additional and ongoing funding will be provided to headspace services to bolster existing service delivery grant funding.

The funding will:

- Enhance the headspace services in the North Coast Region, in accordance with the Activity Guidance provided by the Department;
- Deliver enhancement allocations to the existing headspace locations to help reach the applicable funding floor

Description of Activity *

Healthy North Coast has commissioned Social Futures to deliver the headspace Lismore service to young people aged 12-25 years experiencing, or at risk, of mental illness. The headspace model provides holistic care in four core streams, which are:

- mental health
- related physical health
- alcohol and other drug use
- social and vocational support.

Lismore will begin to receive their enhancement funding in FY 24-25 and as a result are in the planning phase to ensure efficient and effective utilisation of funds based on community need, with a focus on improving workforce attrition and attraction. headspace Lismore will also work with HNC on a GP engagement strategy to increase access to physical and sexual health supports for young people who access the centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Reduce psychological distress for people in the North Coast to improve mental health wellbeing	143
Support early intervention for young and neurodiverse people in the North Coast	143
Enhance access to mental health services and reduce wait times, particularly for psychological therapies, to alleviate mental health issues	142



Activity Demographics

Target Population Cohort

Young people aged 12-25 years experiencing, or at risk, of mental illness.

In Scope AOD Treatment Type *

headspace Lismore will work in partnership with funded primary care AOD services to bolster referral pathways and provide advice to primary care AOD services on identifying and targeting underserved youth cohorts in AOD treatment. headspace Grafton will also provide support to deliver harm minimisation education to local schools and networks.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Richmond Valley - Hinterland	11202



Activity Consultation and Collaboration

Consultation

headspace Lismore will work with internal staff including the Youth Access Clinician and Youth Advisory Committee to determine where Enhancement funding should be directed to best support the needs of people accessing the services.

Collaboration

headspace Lismore will work with Healthy North Coast and headspace National to determine best direction of funding allocation under the Enhancement Program



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

1/08/2024

Service Delivery End Date

30/06/2026

Other Relevant Milestones

headspace Lismore will be awarded their first round of enhancement funding FY 24-25.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No



NAB-HE - 5 - headspace Enhancement - Port Macquarie



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

5

Activity Title *

headspace Enhancement - Port Macquarie

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

The headspace Enhancement is intended to increase access to coordinated, multi-disciplinary care for cohorts of young people, as to improve workforce attraction and retention. Additional and ongoing funding will be provided to headspace services to bolster existing service delivery grant funding.

The funding will:

- Enhance the headspace services in the North Coast region, in accordance with the Activity Guidance provided by the Department.
- Deliver enhancement allocations to the existing headspace locations to help reach the applicable funding floor.

Description of Activity *

Healthy North Coast has commissioned EACH to deliver the headspace Port Macquarie services to young people aged 12-25 years experiencing, or at risk, of mental illness. The headspace model provides holistic care in four core streams, which are:

- mental health
- related physical health
- alcohol and other drug use
- social and vocational support.

headspace Port Macquarie will further enhance education and training opportunities available to staff within the headspace centre, with a view to improve workforce attrition and attraction. Finally, enhancement funding will be used to strengthen community engagement efforts, increasing access to care for priority cohorts including young men who are at risk of gambling addiction.

headspace Port Macquarie will also work with HNC on a GP engagement strategy to increase access to physical and sexual health supports for young people who access the centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Improve timely access for people experiencing mental illness and psychological distress to consistent, quality community-based mental health support that is tailored to their needs	148
Deliver mental health services by the appropriate modality of care and mode of contact to meet the needs of the client	148
Support PHN commissioned mental health services in the North Coast, particularly those in Port Macquarie-Hastings, Lismore and Byron LGAs	144
Enhance access to mental health services and reduce wait times, particularly for psychological therapies, to alleviate mental health issues	142



Activity Demographics

Target Population Cohort

Young people aged 12-25 years experiencing, or at risk, of mental illness

In Scope AOD Treatment Type *

headspace Port Macquarie will work in partnership with funded primary care AOD services to bolster referral pathways and provide advice to primary care AOD services on identifying and targeting underserved youth cohorts in AOD treatment. headspace Grafton will also provide support to deliver harm minimisation education to local schools and networks.

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Port Macquarie	10804



Activity Consultation and Collaboration

Consultation

headspace Port Macquarie will work with internal staff including the Youth Access Clinician and the Youth Advisory Committee to determine where Enhancement funding should be directed to best support the needs of people accessing the services.

Collaboration

headspace Port Macquarie will work with Healthy North Coast and headspace National to determine best direction of funding allocation under the Enhancement Program.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No



NAB-HE - 6 - headspace Enhancement - Tweed Heads



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

6

Activity Title *

headspace Enhancement - Tweed Heads

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Aim of Activity *

The headspace Enhancement is intended to increase access to coordinated, multi-disciplinary care for cohorts of young people, as to improve workforce attraction and retention. Additional and ongoing funding will be provided to headspace services to bolster existing service delivery grant funding.

The funding will:

- Enhance the headspace services in the North Coast Region, in accordance with the Activity Guidance provided by the Department;
- Deliver enhancement allocations to the existing headspace locations to help reach the applicable funding floor.

Description of Activity *

Healthy North Coast has commissioned Social Futures to deliver the headspace Tweed Heads services to young people aged 12-25 experiencing, or at risk, of mental illness.

The headspace model provides holistic care in four core streams, which are:

- mental health
- related physical health
- alcohol and other drug use, and
- social and vocational support.

headspace Tweed Heads will utilise this enhancement funding to increase current FTE of clinical staff and further enhance education and training opportunities with a view to improve workforce attrition and attraction.

headspace Tweed Heads will also work with HNC on a GP engagement strategy to increase access to physical and sexual health supports for young people who access the centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024-25 - 2026-27

Priorities

Priority	Page reference
Reduce alcohol consumption to reduce alcohol-related risks and hospitalisations	149
Improve access to primary mental healthcare services	143
Reduce psychological distress for people in the North Coast to improve mental health wellbeing	143
Support early intervention for young and neurodiverse people in the North Coast	143



Activity Demographics

Target Population Cohort

Young people aged 12-25 years old experiencing, or at risk, of mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Coverage

Whole Region

No

SA3 Name	SA3 Code
Tweed Valley	11203



Activity Consultation and Collaboration

Consultation

headspace Tweed Heads will work with internal staff including the Youth Access Clinician and Youth Advisory Committee to determine where Enhancement funding should be directed to best support the needs of people accessing the services.

Collaboration

headspace Tweed Heads will work with Healthy North Coast and headspace National to determine best direction of funding allocation under the Enhancement Program.



Activity Milestone Details/Duration

Activity Start Date

01/05/2023

Activity End Date

30/06/2026

Service Delivery Start Date

01/10/2023

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No