

Specialised Intellectual Disability Health Service

Service and support information

About us

We understand that people with intellectual disability often have more complex health needs and that getting the right care at the right time can make a big difference.

To help, NSW Health has expanded its specialist Intellectual Disability Health Service across the state. We're working to make healthcare more inclusive, coordinated, and effective for people with intellectual disabilities in our region.

What's available here?

A local specialist clinician

A dedicated clinician is based in our district, working to support people with intellectual disability and complex health needs. They help coordinate care and work closely with families, carers and local health services.

Support from a specialist

Our local service is backed by the experienced Intellectual Disability Health Service from Northern Sydney, who provide expert support through outreach.

Together, we aim to:

- Improve health outcomes for people with intellectual disability
- Support local clinicians with specialist advice and training
- Build skills and confidence across the health workforce.

Services provided

For people with intellectual disability:

- Health assessments and help with care planning
- Advice, resources and support to manage ongoing health needs.

For clinicians:

- Specialist advice on patient care
- Access to training and educational resources
- Help finding and using appropriate tools or services.

Who is eligible?

This service is available to children, adolescents and adults with an intellectual disability and:

- Complex or unresolved health issues
- A treating clinician (like a GP or specialist) who can follow up with the care plan.

How to refer

- Make sure the person (or their carer/ family) gives consent
- A medical officer (e.g. GP or specialist) needs to complete the referral
- Email the referral form to the MNCLHD Intellectual Disability Clinician, Kylie Piper: MNCLHD-intellectual-disability@health.nsw.gov.au. Kylie can be contacted by phone: 0461 426 322

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