



ashm

Developing a sustainable HIV,
viral hepatitis & sexual health workforce

Contraception Essentials in Primary Care



Dates and Times:

Session 1: Tuesday 25 March 2025, 6:30pm – 9:00pm (AEDT)

Session 2: Tuesday, 01 April, 6:30-8:30pm (AEDT)

Virtual Attendance: Online – Microsoft Teams

Description

Through case studies, presentations, group discussion and online learning the Contraception Essentials in Primary Care course will increase primary care providers' knowledge and confidence in discussing the benefits of Long-Acting Reversible Contraception (LARC) to reduce the incidence of unintended pregnancy amongst their patient population. This course will be particularly relevant for, but not limited to, general practitioners, nurse practitioners, and practice nurses working in primary care settings.

Target Audience

GPs, Nurses, Nurse Practitioners, Midwives and Practice Nurses working in primary care settings.

Speakers

Cherie Bennett-Nursing Policy & Advocacy Lead & Medical Educator, ASHM

Regan Chesterfield - Violence, Abuse and Neglect Forensic Nurse Examiner, Far West Local Health District

Angela Smith - Senior Medical Officer, Metro North Sexual Health and HIV Service

Learning Outcomes

It is expected that after completing the course, attendees will be able to:

- Discuss available contraceptive methods' safety, efficacy, and side effects.
- Implement a contraception consultation framework that demonstrates patient-centred shared decision-making.
- Outline common issues and side effects that arise in contraceptive care.
- Propose strategies for breaking down barriers to contraception access.



[Click to register](#)



RACGP CPD Provider

For further details or assistance contact:

ASHM Education

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This course is free to attend for professionals aligned with the target audience.

- This education is a CPD Activity under the RACGP CPD Program. This activity has been allocated 4 educational activity hours and 1 reviewing performance hour in the RACGP 2023-2025 triennium.
- Reaccreditation with ACN is pending
- APNA: Completion of this educational activity entitles eligible participants to claim 5 CPD hours