

Gluteal Tendinopathy

Coffs MSN

Coffs Harbour Musculoskeletal Network

Where - Southern Cross University

When - Wednesday 26th March 6pm for 6.30pm start

Who - Health care practitioners with an interest in musculoskeletal medicine

Format -

6pm - arrival, drinks and food

6.30pm - speaker presentations

8pm - panel discussion and questions

8.45 - close

Tickets -

\$10 (plus ticketing fee)

<https://www.eventbrite.com.au/e/gluteal-tendinopathy-tickets-1143399601989>

Details -

Gluteal tendinopathy is the most common tendinopathy of the lower limb, affecting 1 in 4 women over the age of 50. It is also commonly found in the running population. It has previously been referred to as trochanteric bursitis or greater trochanter pain syndrome. For sufferers, it can significantly impact on the quality of life - affecting sleep and the ability to exercise. There is a growing body of research showing positive outcomes if the condition is appropriately diagnosed and treated effectively.

Speakers -

Dr Mitchell Kingston - Orthopaedic Surgeon

Dr Mitchell Kingston, Harbour Orthopaedics and Sports Medicine specialises in the treatment of disorders of the lower limb and orthopaedic trauma. He graduated from the University of Queensland in 2009 and then completed his orthopaedic surgery training in NSW. Dr Kingston has completed subspecialty fellowships encompassing the entire lower limb with separate fellowships in foot & ankle disorders and hip & knee reconstruction. He was awarded a Masters of Philosophy (MPhil) for studies relating to blood supply to the gluteal tendons.

Dr Stephen Curran - Radiologist

Dr Stephen Curran, Imed Radiology, is a specialist radiologist with subspecialty expertise in musculoskeletal imaging and intervention, hepatobiliary, urogenital and gastrointestinal and oncologic imaging. He graduated from the University of Otago in 2009 and completed further radiology training in New Zealand, Canada and USA. He has published numerous articles in international peer reviewed journals.

Mr Jack Dix - Sports Physiotherapist

Mr Jack Dix, Hoys Allied Health, is Sports Physiotherapist graduating from physiotherapy in the early 90's. He has subsequently completed Masters degrees in both Sports and Musculoskeletal Physiotherapy. As part of his ongoing PhD work, he has published a systematic review of hip muscle strength.

This event is brought to you by Coffs Musculoskeletal Network - coffsmsn@outlook.com