

PASSIONATE ABOUT THE PELVIC FLOOR

Current management of urinary incontinence, pelvic organ prolapse, and other common disorders of the pelvic floor

This **one-day, live interactive online course**, will feature presentations from Australia's leading interdisciplinary experts in this field. Throughout the course, we will delve into case studies, explore the latest evidence-based practice, and discuss key considerations for primary care providers and specialists to manage a range of common pelvic floor disorders. This will enhance your knowledge and skills, enabling you to provide optimal care and support to your patients living with pelvic floor disorders.

WHO SHOULD PARTICIPATE?

General Practitioners (GP), Gynaecologists, RANZCOG consultants and trainees, Pelvic Floor Physiotherapists, Continence and Urology Nurses, and other health practitioners who support patients with pelvic floor disorders.

TOPICS

- Stress urinary incontinence
- Overactive bladder
- Bowels and anal incontinence
- Let's POP the myth of prolapse
- Approach to pelvic pain
- Mesh update
- Recurrent urinary tract infection/Microscopic haematuria
- Bladder pain/Interstitial cystitis
- Obstetric anal sphincter injury (OASI) and perineal trauma
- Advanced practice role and group pelvic floor class (online)
- Phone a friend - resources, education, services, patient info, advice

There will also be an opportunity for you to bring case-studies for further discussion.

MAIN FACILITATORS

The Monash Pelvic floor unit is one of the leading Australian urogynaecology units. It is truly multidisciplinary and includes subspecialist urogynaecologists, laparoscopic gynaecologist, pelvic pain physician, pelvic floor physiotherapist and specialist continence nurses. The members of this team comprise the faculty and among them have leadership or speaker roles in the International Urogynaecological Association (IUGA), Urogynaecological Society of Australasia (UGSA), Australasian Gynaecology and Endoscopy Surgical Society (AGES), Continence Foundation of Australia (CFA) and the RANZCOG Certificate of Urogynaecology subspecialty committee. They have experience in postgraduate, undergraduate and allied health teaching and collaborate in discovery science research with the Hudson Research Institute. The unit manages these common clinical conditions and provides urodynamic and specialist translabial ultrasound service, perineal, pessary and pelvic pain clinic, advanced physiotherapy clinic in addition to a clinic for mesh affected women. They will share their expertise in managing these disorders, counselling and promoting patient-centred pelvic floor health.

DATE/TIME (AEST)

Saturday 4 May 2024
8.30am - 2.30pm

DELIVERY

Live online. Recordings will be made available to participants for three months after the course.

CPD/CME

More information available on our website.

COURSE WEBSITE

[View course information](#)

REGISTRATION*

Early bird rate: \$360
(ends on 22 April 2024)

Standard rate: \$460
(ends on 30 April 2024)

*Note: Prices include GST. Registrants from Monash University, Monash Health, Monash shared maternity care staff and low-resource countries may be eligible for discounts on the above registration rates. Visit our [website](#) for more information.

Contact us

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SATURDAY 4 MAY 2024

TIMES	TOPICS	SPEAKERS
0800 – 0825	Optional Session - Technical assistance with Zoom and/or Moodle (if required)	
0825 – 0830	Welcome	Prof Anna Rosamilia MBBS FRANZCOG FRCOG CU PhD Urogynaecologist, Head, Pelvic Floor Unit, Monash Health
SESSION ONE		
0830 – 0900	Stress Urinary Incontinence	Dr Mugdha Kulkarni MBBS FRANZCOG CU Urogynaecologist, Monash Health; Mercy Hospital for Women
0900 – 0930	Overactive Bladder	Dr Fay Chao MBBS(Hons) FRANZCOG CU Gynaecologist & Urogynaecologist, Monash Health; Eastern Health
0930 – 1000	Accidental Bowel Leakage	Dr Thomas Suhardja MBBS MS FRACS CSSANZ Colorectal Surgeon, RACS SET Supervisor, Colorectal Unit, Monash Health
1000 – 1030	Let's POP the Myth of Prolapse	Dr Mugdha Kulkarni MBBS FRANZCOG CU Urogynaecologist, Monash Health; Mercy Hospital for Women
1030 – 1045	MORNING TEA	
SESSION TWO		
1045 – 1115	Approach to Pelvic Pain	Dr Bethany White MBBS FANZCA Anaesthetist, Monash Health
1115 – 1145	Mesh Update	Dr Lin Li Ow MBBS FRANZCOG CU Urogynaecologist, Monash Health; Mercy Hospital for Women
1145 – 1215	Recurrent Urinary Tract Infection / Microscopic Haematuria	Dr Nathania Young MBBS FRANZCOG Urogynaecologist, Monash Health
1215 – 1245	LUNCH BREAK	
SESSION THREE		
1245 – 1315	Bladder Pain / Interstitial Cystitis	Prof Anna Rosamilia MBBS FRANZCOG FRCOG CU PhD Urogynaecologist, Head, Pelvic Floor Unit, Monash Health
1315 – 1345	Advanced Practice Role & Group Pelvic Floor Class (by Zoom)	Ms Catherine MacRae BPhy Physiotherapist, Pelvic Health Physiotherapy Team, Monash Health
1345 – 1415	Phone a Friend – Resources, Education, Services, Patient Info, Advice	Ms Alison Leitch RN B Nursing Grad Cert Urol & Cont Urogynaecology Clinical Nurse Consultant, Monash Health Prof Anna Rosamilia MBBS FRANZCOG FRCOG CU PhD Urogynaecologist, Head, Pelvic Floor Unit, Monash Health
1415 – 1420	Closing Remarks	