



# safeTALK LGBTQIA+

**Suicide Prevention Awareness Program**

**safeTALK is a short, practical half day workshop which encourages suicide alert communities.**

The 'safe' of safeTALK stands for 'suicide alertness for everyone'. The 'TALK' is about the fact that clear and open communication is one of the keys to preventing suicide: Tell, Ask, Listen, and Keep-safe. The skills taught in safeTALK are designed to give participants a short, clear process that anyone over the age of 15 can follow to become a 'suicide alert helper' in their own community

**9th May 2024**

**Vines at 139**

**139 Fitzroy Street,  
Grafton NSW 1460**

**9:30am- 1:30pm.**

**Light refreshments served**

**RSVP by 2nd May**

**[trainer.northcoast@lifeline.org.au](mailto:trainer.northcoast@lifeline.org.au)**



**FREE for community members**

Direct link: <https://lifelinenorthcoast.org.au/event/safetalk/2024-02-15/>

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