

Healthy Ageing Strategy 2023 - 2027

- 1.1 People can access information and services that enable choice and maximise self-management.
- 1.2 People are supported to create and maintain meaningful connections.
- 1.3 People live at their optimal best across the continuum of ageing.
- 1.4 People are supported to die well.
- 1.5 Carers are supported in their carer role while maintaining their own health and wellbeing.

- 4.1 Services are flexible and responsive to the needs of priority target populations.
- 4.2 Aboriginal and Torres Strait Islander peoples age well, enabled by spiritual, physical, and mental wellbeing and connections to person, place, and culture.
- 4.3 The wider determinants of health are addressed.



- 2.1 People have their basic needs (housing, finances, and personal safety) met.
- 2.2 People stay healthy and well engaging in health-protective behaviours.
- 2.3 People have access to assistive technologies to age in place.
- 2.4 Ageing and end of life is normalised.

- 3.1 Regional collaborations and partnerships are responsive to population health needs.
- 3.2 People experience joined-up care.
- 3.3 Virtual care is normalised and improves access and health outcomes across the region.
- 3.4 Sustainable and capable primary and aged care workforce.

Strategy Enablers:

To implement the strategy and translate these priorities and actions into outcomes, the following enablers are required: engaging with the voices of older people, joint planning, partnerships and governance, strengthening data, research and innovation, digital health technology and systems, capable workforce, and financial sustainability.

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