

# Drug and Alcohol Treatment Services

Activity Work Plan 2022 — 2026



Healthy North Coast is an independent, not-for-profit organisation proudly delivering the PHN Program in North Coast NSW. We are committed to improving the health of our communities through quality primary health care. The PHN program is an Australian Government initiative.

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# AOD - 1 - AOD 1: Increase access to culturally appropriate treatment for Aboriginal people.

## Program Key Priority Area

Alcohol and Other Drugs

#### Aim of Activity

The Activity aims to increase the delivery and integration of holistic, trauma informed strategies that work to reduce the impact of social and emotional factors contributing to the substance misuse among Aboriginal people.

The Activity will work across mental health and chronic disease services to enable the early identification and culturally appropriate treatment of Aboriginal people with physical and mental health issues who have co-occurring substance misuse issues.

#### **Description of Activity**

In consultation with Aboriginal Community Controlled Health Services, community leaders, community leaders, key partners and stakeholders, co-design and commission a model and services focused on social and emotional wellbeing factors.

#### Needs Assessment Priority

NCPHN Needs Assessment 2021 - 2024

#### Needs Assessment Priority

Need to reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations

Improve social, emotional and cultural wellbeing – for people to realise their abilities, cope with the normal stresses of life, work productively and contribute to community

# **Target Population Cohort**

Aboriginal people

Indigenous Specific Yes

# Indigenous Specific Comments

Direct approach to Aboriginal Elders, Aboriginal Community Controlled health Services and Aboriginal community leaders.

## Coverage

Whole Region

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
Kempsey - Nambucca	10802
Port Macquarie	10804
Richmond Valley - Coastal	11201
Tweed Valley	11203
Coffs Harbour	10402
Clarence Valley	10401
Richmond Valley - Hinterland	11202

## Consultation

Aboriginal Elders, Aboriginal Community Controlled Health Services and Aboriginal community leaders will be actively consulted and involved in the co-design of services to meet the needs of their community members.

# Collaboration

To be confirmed following comprehensive consultation and co-design processes with key partners and stakeholders.

# Activity Milestone Details/Duration

Activity Start Date	01/07/2020
Activity End Date	30/06/2024
Service Delivery Start Date	July 2020

Service Delivery End Date June 2024

## Procurement approach

Expression Of Interest (EOI)

Is this activity being co-designed?	Yes
Is this activity the result of a previous co-design process?	No
Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	No
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	Yes

## **Decommissioning Details**

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. Services will be transitioned to the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke model of care, which will be delivered alongside the Primary Mental Health Program and psychosocial supports.

## Co-design or co-commissioning comments

- Initial discussions with Aboriginal Medical Services, Aboriginal Service Providers and Aboriginal leaders to assess local needs, barriers and enablers.
- Utilise Comprehensive Needs Assessment Data and Dynamic Systems Modelling to address gaps and identify suitable interventions to improve health outcomes.
- Utilise literature, reform and recommendations to seek suitable solutions.
- Co-design co-create interventions/services that will best meet the needs of the community or to localise existing evidence-based models/activity.
- EOI to Aboriginal Medical Services, organisations and group process will follow.

# AOD - 2 - AOD -2: Increase withdrawal safety and manage substance dependence

## Program Key Priority Area

Alcohol and Other Drugs

## Aim of Activity

The aims of the Drug and Alcohol Treatment Program are to:

- increase withdrawal safety and management of substance dependence
- reduce the number of young people experiencing alcohol and other drug related harms
- reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
- support outpatient withdrawal management services and recovery supports.

## **Description of Activity**

#### Gulgihwen Residential Withdrawal and Rehabilitation program:

Delivers clinically safe withdrawal management services and intensive residential rehabilitation in a culturally safe setting. The program links Aboriginal residents with broader physical health and social services while providing them with individual and group psychosocial counselling to address the issues associated with their substance misuse.

#### Modified Activity: Withdrawal Management Outpatient Support. Description of service

The provider will deliver community-based, outpatient, withdrawal management support for individuals with low to moderate risk of complicated withdrawal symptoms and or mental health concerns.

The provider will support post-withdrawal management planning at commencement of engagement and through withdrawal episode.

The provider will work with the client to ensure care is managed in a community setting and escalate client to tertiary care if higher level supports are needed.

Interventions

- Supportive care
- Pharmacotherapy management
- Ongoing assessment and monitoring

- Assertive follow-up
- Community connector
- Counselling

# Needs Assessment Priorities

#### NCPHN Needs Assessment 2021-2024

#### Needs Assessment Priorities

Need to reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations

Prevention of risk behaviours - reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations, and increase access to AOD services

Increase access to AOD services, with a focus on underserved populations

# Target Population Cohort

#### Gulgihwen Residential Withdrawal and Rehabilitation program

Aboriginal men over 18 in the Lismore area experiencing high criminogenic and health risks and dysfunction caused by, or originating from, alcohol and other drug misuse and men with multiple and complex issues across AOD misuse, recidivism, mental health, family breakdown, unemployment and homelessness.

## In Scope AOD Treatment Type

- Day Stay Rehabilitation (and other intensive non-residential programs)
- Withdrawal Management
- Residential Rehabilitation
- Case management, care planning, and coordination
- Information and Education

Indigenous Specific Yes

#### Indigenous Specific Comments

All Healthy North Coast commissioned services are contractually required to deliver culturally safe and inclusive services.

The Gulgihwen Residential Withdrawal and Rehabilitation program is only available to Aboriginal men aged over 18yrs.

#### Coverage

#### Whole Region

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Richmond Valley - Hinterland	11202

## Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region. Engagement included ideas generation and solutions design workshops and focus groups with key stakeholders.

## Collaboration

The commissioned services will continue to be delivered in collaboration with:

- Specialist Drug and Alcohol Services
- Dept of Corrections
- GPS
- Mental Health Services
- Allied health providers
- Social support services including housing, employment and recreational groups.

## Activity Milestone Details/Duration

Activity Start Date	01/07/2019
Activity End Date	30/06/2023
Service Delivery Start Date	July 2019
Service Delivery End Date	June 2023

#### Procurement approach

Continuing Service Provider / Contract Extension

Is this activity being co-designed?	No
Is this activity the result of a previous co-design process?	Yes
Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	No
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	Yes

# Decommissioning Details

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. As a result of the reform, CORE will be decommissioned. Services will be transitioned to the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke model of care, which will be delivered alongside the Primary Mental Health Program and psychosocial supports

# AOD 3 – AOD 3: Reduce the number of young people experiencing alcohol and or drug related harms

## Program Key Priority Area

Alcohol and Other Drugs

## Aim of Activity

The aims of the Drug and Alcohol Treatment Program are to:

- increase withdrawal safety and management of substance dependence
- reduce the number of young people experiencing alcohol and other drug related harms
- reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
- support outpatient withdrawal management services and recovery supports.

## Description of Activity

# Modified Activity: AOD Youth Program - stepped care level 1,2,3 and 4. Description of service. Community-based service for individuals aged 12-24 years with AOD and/or comorbid mental health

The provider will deliver prevention, education and early intervention programs along with individual counselling, case management and group programs.

The program will offer family, carer and advocate engagement in treatment, with consent of the client.

#### Interventions

- Psychoeducation
- Case management
- Behavioural activation
- Social support groups and activities
- Self-help groups such as SMART recovery
- Community Connector
- Counselling

## Needs Assessment Priorities

#### NCPHN Needs Assessment 2021-2024

#### **Needs Assessment Priorities**

Prevention of risk behaviours - reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations, and increase access to AOD services

Need to reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations

Increase access to AOD services, with a focus on underserved populations

## **Target Population Cohort**

- Young people (aged 12 to 25yrs) who are experimenting with alcohol or other drug (AOD) use
- Young people (aged 12 to 25yrs) who are experiencing harms as a result of their AOD use
- Young people (aged 12 to 25yrs) who are at high risk of escalating their AOD use
- Families of young people (aged 12 to 25yrs) participating in the counselling service
- People working with young people (aged 12 to 25yrs) with AOD issues.

#### In Scope AOD Treatment Type

- Early intervention (including Brief Intervention)
- Counselling
- Case management, care planning, and coordination
- Information and Education.

Indigenous Specific No

#### Coverage

#### Whole Region

#### Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region.

## Collaboration

The commissioned services will continue to collaborate with a wide range of health and social service providers to improve the care and coordination of services to meet client needs.

## Activity Milestone Details/Duration

Activity Start Date	01/07/2019
Activity End Date	30/06/2023
Service Delivery Start Date	July 2019
Service Delivery End Date	June 2023

#### Procurement approach

#### Continuing Service Provider / Contract Extension

Is this activity being co-designed?	No
Is this activity the result of a previous co-design process?	Yes
Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	No
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	Yes

## Decommissioning details

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. As a result of this reform, the Young Person Early Intervention Program and INTRA will be decommissioned. Services will be transitioned to the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke model of care, which will be delivered alongside the Primary Mental Health Program and psychosocial supports.

# AOD - 4: Reduce barriers to accessing allied health counselling services for vulnerable community members

## Program Key Priority Area

Alcohol and Other Drugs

## Aim of Activity

The aims of the Drug and Alcohol Treatment Program are to:

- increase withdrawal safety and management of substance dependence
- reduce the number of young people experiencing alcohol and other drug related harms
- reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
- support outpatient withdrawal management services and recovery supports.

## Description of Activity

#### The b.well program

Delivers psychoeducation, group counselling, individual treatment, early intervention and relapse prevention services to people throughout Northern NSW.

#### Nimbin Integrated Service

Provides an integrated model of care for clients with substance misuse and mental health issues through early intervention, case management, counselling and referral to health and social support services.

#### **Modified Activity**

The Buttery will deliver the Drug and Alcohol Treatment Program through a 5-point stepped care approach. Entry points into the Drug and Alcohol Treatment Program will be via:

- Hub/spokes in both the Drug and Alcohol Treatment Program and Primary Mental Health Program (under a consortia agreement with the Lead Agency delivering the Primary Mental Health Program).
- Clinical Care Navigators, Peer Advocates and Community Connectors
- Head to Health Intake, Assessment and Referral Service

• Intake, Assessment Team

Once entering the service, the provider will undertake a comprehensive assessment and develop a care plan and link the client with Drug and Alcohol Treatment Program Spoke Treatment Services funded by HNC.

#### AOD Counselling Program - Stepped care level 2,3 and 4.

#### Description of service.

Community-based service for people over the age of 18 years.

The program will offer individual counselling and case management support to people with AOD and mental health concerns along with support in a group setting.

The program will focus on withdrawal safety and engaging parent, supports and carers in the treatment, with the client's consent.

#### Interventions

- Motivational interviewing
- Psychoeducation
- CBT based interventions
- DBT skills training and counselling
- Acceptance and Commitment Therapy
- Social Support Groups
- Psychoeducation groups
- Therapeutic interpersonal process groups
- Self-help groups such as SMART recovery
- Community Connector

#### Needs Assessment Priorities

#### NCPHN Needs Assessment 2021-2024

#### Needs Assessment Priorities

Need to reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations

Increase access to AOD services, with a focus on underserved populations

Enhancing care navigation to improve delivery of health and social care services

# **Target Population Cohort**

## In Scope AOD Treatment Type

- Motivational interviewing
- Psychoeducation
- CBT based interventions.
- DBT skills training and counselling
- Acceptance and Commitment Therapy
- Social Support Groups
- Psychoeducation groups
- Therapeutic interpersonal process groups
- Self-help groups such as SMART recovery
- Community Connector
- Counselling

Indigenous Specific No

## Coverage

#### Whole Region

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
Kempsey - Nambucca	10802
Port Macquarie	10804
Richmond Valley - Coastal	11201
Tweed Valley	11203
Coffs Harbour	10402
Clarence Valley	10401
Richmond Valley - Hinterland	11202

#### Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region.

#### Collaboration

The programs will continue to maintain referral pathways, formal partnerships and/or MOUs with local GPs, NCPHN psychological and AOD commissioned services, employment services; MNC and NNSW Local Health Districts; schools; and high school.

#### Activity Milestone Details/Duration

Activity Start Date	01/07/2019
Activity End Date	30/06/2024
Service Delivery Start Date	July 2019
Service Delivery End Date	June 2024

## Procurement approach

#### Continuing Service Provider / Contract Extension

Is this activity being co-designed?	No
Is this activity the result of a previous co-design process?	Yes
Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	No
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	No

## Decommissioning details?

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. As a result of this reform, b.well and the Nimbin Integrated Care Service will be decommissioned. Services will be transitioned to the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke model of

care, which will be delivered alongside the Primary Mental Health Program and psychosocial supports.

# AOD – 5 – AOD 5: Outpatient withdrawal management services and aftercare services

## Program Key Priority Area

Alcohol and Other Drugs

## Aim of Activity

The aim of the Drug and Alcohol Treatment Program is to:

- Increase withdrawal safety and management of substance dependence
- Reduce the number of young people experiencing alcohol and other drug related harms
- Reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
- Support outpatient withdrawal management services and recovery supports.

## Description of Activity

Alcohol and Other Drugs Relapse Prevention (Aftercare) Service (RPAs)

Supports people to re-engage with education, employment; housing services; and/or family/community. The service also supports GPs managing people with alcohol and other drug dependence who are at risk of relapse.

#### **Modified Activity**

The Drug and Alcohol Treatment program will align with the Primary Mental Health Programs Hub and Spoke model of care, offering a comprehensive whole of health approach to wellness where hub(s) locations have specialist, multidisciplinary integrated care teams and spokes to facilitate delivery of these services across isolated, regional, rural and/or remote geographical locations in the North Coast region.

The provider will deliver community-based, outpatient, withdrawal management support for individuals with low to moderate risk of complicated withdrawal symptoms and or mental health concerns.

The provider will support post-withdrawal management planning at commencement of engagement and through withdrawal episode.

The provider will work with the client to ensure care is managed in a community setting and escalate client to tertiary care if higher level supports are needed.

- Interventions
- Supportive care
- Pharmacotherapy management
- Ongoing assessment and monitoring
- Assertive follow-up
- Community connector
- Counselling

## Needs Assessment Priorities

NCPHN Needs Assessment 2021-2024

#### Needs Assessment Priorities

Need to reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations

Need to address the impact of social determinants of health, particularly in priority population groups, on mental health.

Enhancing care navigation to improve delivery of health and social care services

# Target Population Cohort

- People, aged 18 to 65 years, being managed by a GP
- People, aged 18 to 65 years, recently discharged from inpatient drug and alcohol treatment
- People, aged 18 to 65 years, leaving rehabilitation services who need longer support to reduce the risk of relapse.

## In Scope AOD Treatment Type

- Aftercare / Relapse Prevention
- Case management, care planning, and coordination
- Information and Education
- Workforce Development, Capacity Building, including supporting the workforce through activities which promote joint up assessment and referral pathways, quality improvement, evidence-based treatment, and service integration.

Indigenous Specific No

#### Coverage

Whole Region

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
Kempsey - Nambucca	10802
Port Macquarie	10804
Richmond Valley - Coastal	11201
Tweed Valley	11203
Coffs Harbour	10402
Clarence Valley	10401
Richmond Valley - Hinterland	11202

#### Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region

## Collaboration

Formal professional alliances and partnerships exist with NNSW LHD and Mid-North Coast LHD including MOUs, co-location of staff, formal referral pathways, and shared clinical reviews and training.

# Activity Milestone Details/Duration

Activity Start Date	01/07/2019
Activity End Date	30/06/2024
Service Delivery Start Date	July 2019
Service Delivery End Date	June 2024

## Procurement approach

#### Continuing Service Provider / Contract Extension

Is this activity being co-designed?	No
Is this activity the result of a previous co-design process?	Yes
Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	No
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	Yes

# Decommissioning details?

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. Services will be transitioned to a program called the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke program, which will be delivered alongside the Primary Mental Health Program and psychosocial supports.

# AOD - 6 AOD - 6: North Coast Collective

## Program Key Priority Area

Alcohol and Other Drugs

## Aim of Activity

The NCPHN Needs Assessment Report (Nov 2018) confirms there is a need for a comprehensive multi-sectoral approach to reducing exposure to known risk factors contributing to alcohol and other drug (AOD) misuse across the life span and social demographic groups. Many of these factors are beyond the influence of health services alone.

The Activity aims to bring together major partners from across government, non-government, AMS and community sectors to address these risk factors. The Activity will be implemented high priority, high impact collective investments, informed through comprehensive consultation and co-design.

The Activity will strengthen collaboration, coordination and referral paths across sectors and agencies to increase the early identification and early treatment of people impacted by substance misuse.

# Description of Activity

2019-20 Through a shared investment strategy, identify opportunities to maximise exposure to known risk factors contributing to alcohol and other drug misuse among vulnerable people.

2020-21 and 2021-22 Through joint commissioning approaches, invest in coordinated programs/services to strengthen protective factors to reduce the impact of risk factors contributing to alcohol and other drug misuse among vulnerable people.

## Needs Assessment Priorities

#### NCPHN Needs Assessment 2021-2024

#### **Needs Assessment Priorities**

Prevention of risk behaviours - reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations, and increase access to AOD services

Need to reduce the use of illicit drugs and excessive alcohol causing health issues and hospitalisations

Need to address the impact of social determinants of health, particularly in priority population groups, on mental health.

# Target Population Cohort

Vulnerable people from across the region who are exposed to risk factors contributing to alcohol and other drug misuse.

# In Scope AOD Treatment Type

To be confirmed through Shared Investment strategy undertaken with partner agencies.

Indigenous Specific No

#### Coverage

#### Whole Region

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
Kempsey - Nambucca	10802
Port Macquarie	10804
Richmond Valley - Coastal	11201
Tweed Valley	11203
Coffs Harbour	10402
Clarence Valley	10401
Richmond Valley - Hinterland	11202

#### Consultation

A stakeholder engagement strategy has been developed for the Shared Investment strategy, including involvement of people with lived experience, Aboriginal and mainstream service providers, government departments and funding agencies.

Ongoing consultation with key stakeholders will continue over the next three years to inform and guide the implementation of joint investments to ensure currency and relevance of commissioned programs/services.

# Collaboration

The following have confirmed commitment to a Shared Investment approach:

- MNC & NNSW LHD
- The Ministry of Health
- The Department of Health
- Aboriginal Elders and leaders

## Activity Milestone Details/Duration

Activity Start Date	01/07/2020
Activity End Date	30/06/2024
Service Delivery Start Date	July 2020
Service Delivery End Date	June 2023

## Procurement approach

#### Not Yet Known

Is this activity being co-designed?	Yes
Is this activity the result of a previous co-design process?	No
Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	Yes
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	Yes

#### Decommissioning details?

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. Services will be transitioned to a program called the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke program, which will be delivered alongside the Primary Mental Health Program and psychosocial supports

#### Co-design or co-commissioning comments

Utilise Comprehensive Needs Assessment Data and Dynamic Systems Modelling to identify service gaps and to adjust service models to ensure regional equity and enhanced health outcomes.

Co-design with AOD service providers suitable evidence-based technology-based coordinated care and social connectedness interventions to include in service AOD service provision to enhance health outcomes.

# AOD - 7: Increasing access to Drug & Alcohol Treatments Services in Regional, Rural & Remote areas

## Program Key Priority Area

Alcohol and Other Drugs

## Aim of Activity

This Activity aims to increase the direct treatment service delivery of drug and alcohol treatment sector in remote, rural and regional areas of need; and improving the access and effectiveness of drug and alcohol treatment services for people requiring support

## Description of Activity

Identify areas of need for increased drug and alcohol specialist services in remote, rural and regional areas. Build on existing service provision to enhance access to drug and alcohol services. Provision of a two-day specialist outreach service where services are not available.

Expansion of CoRe program to service Mid North Coast community

#### CoRe: Community Day Rehab program

People (aged over 18yrs) with substance misuse issues who:

- Live with young children
- Will not enter long-term residential programs for financial, personal or professional reasons
- Have binge-using patterns, especially for alcohol and Ice
- Have a history of chronic relapse
- Require extended post residential program support
- Require post-court diversion program relapse prevention

Program is available for people living in Nambucca LGA and Wauchope, with flexibility to move the service to respond to demand/unmet needs.

## Needs Assessment Priorities

NCPHN Needs Assessment 2021-2024

#### Needs Assessment Priorities

Increase access to AOD services, with a focus on underserved populations

## **Target Population Cohort**

Vulnerable people from across the region who are exposed to risk factors contributing to alcohol and other drug misuse.

## In Scope AOD Treatment Type

The delivery of two-day specialist outreach service to locations which do not currently have access to drug and alcohol services.

Indigenous Specific No

#### Coverage

Whole Region

## Collaboration

Healthy North Coast works collaboratively with Aboriginal Medical Services, Northern NSW and Mid North Coast Local Health Districts, AOD service providers, health professionals and general practitioners

#### Activity Milestone Details/Duration

Activity Start Date	01/07/2020
Activity End Date	31/12/2022
Service Delivery Start Date	February 2021
Service Delivery End Date	December 2022

#### Procurement approach

- Continuing Service Provider / Contract Extension
- Direct Engagement

Is this activity being co-designed?	Yes
Is this activity the result of a previous co-design process?	No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?	No
Has this activity previously been co-commissioned or joint-commissioned?	No
Decommissioning	Yes

#### Decommissioning details?

Through a participatory co-design process, Healthy North Coast has completed a reform project for mental health, suicide prevention and alcohol and other drugs services. The aim of the reform is to improve access, service effectiveness and efficiency, and health outcomes. Services will be transitioned to a program called the Drug and Alcohol Treatment Program, where consumers will have access to multidisciplinary drug and alcohol treatment services, delivered through a hub and spoke program, which will be delivered alongside the Primary Mental Health Program and psychosocial supports.

#### Co-design or co-commissioning comments

Healthy North Coast utilised Comprehensive Needs Assessment Data and Dynamic Systems Modelling to identify service gaps and ensure services/ models address regional equity and enhance health outcomes.

Participatory co-design processes were carried out with key stakeholders, such as AOD service providers, Aboriginal Controlled Health Services and people with lived experience to enhance access to existing specialist drug and alcohol services to improve service demand.

Co-design with local stakeholders, including LHDs, AMSs and AOD providers to identify spoke service locations based on identified service gaps and local need.