

Northern Sydney Intellectual Disability Health Service (NSIDHS) Outreach Service: Mid-North Coast and Northern NSW

What does the specialised intellectual disability health service provide?

For Eligible Clients

- ❖ A multidisciplinary health assessment
- ❖ A Health Care Plan with recommendations
- ❖ Referrals to health and other services as needed

Eligibility Criteria

- ❖ A child, adolescent or adult with intellectual disability who has complex health conditions, and a current unresolved health problem, whose health care needs cannot be met by usual care.
- ❖ Lives in one of the following LHD's
 - Northern Sydney
 - Mid-North Coast
 - Northern NSW

NB: The team does not provide routine reviews and will refer to health and other services as needed.

Contact details:

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Mid-North Coast Specialist ID Clinician

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Northern NSW Specialist ID Clinician

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For General Practice Teams

- ❖ Advice and information on management of care, and the needs of people with intellectual disability
- ❖ Comprehensive health assessment with a report and recommendations
- ❖ Case discussion/Case conference
- ❖ Joint consultation
- ❖ Skills training or education sessions
- ❖ Information and advice on resources and specific areas of interest in relation to intellectual disability
- ❖ Information on health services

The Intellectual Disability Health Service will be pleased to work with General Practice staff by phone, videoconference/telehealth, or in person.

Other Services:

- ❖ The team can provide advice, information and resources to inpatient services, community health teams and the other clinicians who will provide ongoing health care to the client.



Health
Northern Sydney
Local Health District