



PS
PSYCH SPEAK

Mental Health Training Solutions

NEW WORKSHOP ALERT!

Mental Health 'Know How'

Free Trauma-Informed Mental Health Training for Northern Rivers
Community Aged Care Staff and Managers.

Program includes 50% wage subsidy for organisations.

PROGRAM OUTLINE

Two-day course for community aged care
staff & managers covering:

- Mental health for clients & staff
- Signs of depression & anxiety
- Grief & loss in older adults
- Signs & symptoms of trauma
- Trauma-informed care
- Self care in community aged care
- Case discussions & referral pathways
- and so much more...

Locations: Tweed Heads to Grafton

When: Multiple sessions thru 2023

Time: 9am - 3pm over 2 days

Cost: **FREE!** (Funded by HNC)

Limited places

Book via our website:

www.psychspeak.com.au

Visit the Psych Speak website or
email: info@psychspeak.com.au
for more information.

HEALTHY
NORTH COAST

phn
NORTH COAST
An Australian Government Initiative

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Healthy North Coast through the North Coast PHN Program

REGISTER YOUR SPOT TODAY! WWW.PSYCHSPEAK.COM.AU