

# **Understanding Chronic Kidney Disease:** for Aboriginal health workers and GPs

Chronic kidney disease (CKD) represents a major challenge for patients and the healthcare system. Approximately 1.7 million Australians aged 18 years and over have indicators of CKD, and due to the high costs associated with dialysis and transplantation, kidney disease costs the Australian health system an estimated \$5.1 billion each year. Indigenous Australians are at increased risk of CKD.\*

We've partnered with Kylie Wyndham, CKD Nurse Consultant at Northern NSW LHD to deliver three webinars to help your understanding of CKD\*.

## **For Aboriginal health** workers

PART ONF

Wednesday 20 October 2021

12.30-1.30pm

PART TWO

## Wednesday 27 October 2021 12.30-1.30pm

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Turn to page 2 for more details.



# For GPs and GP registrars

Early detection and management

Wednesday 27 October 2021 6.30-8.30pm

#### Turn to page 2 for more details.

|            | 🏂 RACGP         |
|------------|-----------------|
| CPD        | CPD<br>Activity |
| 2020<br>22 | <b>4</b> still  |

### **Register now** www.hnc.org.au/ckd-webinars

\* Kidney Health Australia

These webinars are delivered in partnership by Healthy North Coast and Kidney Health Australia. They are funded through the North Coast PHN Program. hnc.org.au/learning-with-hnc



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# Understanding Chronic Kidney Disease: for Aboriginal health workers and GPs

### FOR ABORIGINAL HEALTH WORKERS (LUNCHTIME)

## Wed 20 & 27 Oct 2021

### 12.30-1.30pm

#### **Learning outcomes**

In this two-part lunchtime webinar series, we will use an Indigenous case study to:

- Assert the high prevalence and poor outcomes of CKD in Australian Indigenous peoples and state the major risk factors for developing CKD
- Identify the role of the Aboriginal health worker in the detection and management of CKD and explain the decisions required to help CKD
- Learn some language (jargon) of CKD and develop confidence to discuss CKD testing and management as part of chronic disease management
- Discuss local HealthPathways and referral options

# FOR GPS AND GP REGISTRARS (EVENING)

## Wed 27 Oct 2021

## 6.30-8.30pm

#### **Learning outcomes**

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In this evening webinar, we will present an interactive case study to:

- Outline the importance of early detection for those at risk of CKD (including the high prevalence and poor outcomes of CKD in Australian Indigenous peoples)
- Describe the elements of the assessment for CKD (kidney health check)
- Define the treatment options to delay progression of kidney disease
- Discuss local HealthPathways and referral options

phh





Noell Burgess





Dr Belinda Stallard

FACILITATED BY Noell Burgess, Aboriginal Health Coordinator, Healthy North Coast

**Dr Aye San** 

**Kylie Wyndham,** CKD Nurse Consultant, Northern NSW Local Health District

#### **GP SESSION SPEAKERS**

Dr Belinda Stallard, Nephrologist, John Flynn Hospital

**Dr Aye San,** Nephrologist, Flow Health and Cardiac Diagnostics & John Flynn Hospital

#### VENUE

These webinars will be delivered by LiveWebinar. A link will be provided upon registering.

#### ENQUIRIES

02 6618 5445 events@hnc.org.au

#### THESE WEBINARS ARE CPD ACCREDITED.

Certificates of attendance will be provided.

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