

Management of Anxiety in Children and Young People with an Intellectual Disability

Presented by: Northern Sydney Intellectual Disability Health Service.

A FREE WEBINAR FOR MEDICAL, NURSING, AND ALLIED HEALTH CLINICIANS, GENERAL PRACTICE TEAMS, AND DISABILITY SERVICE PROVIDERS; IN THE MID-NORTH COAST AND NORTHERN NSW REGIONS.

Monday 22nd November 2021
13:00-14:00

Presenters:

DR YVETTE VELLA | BAPPSC (OCC THERAPY) MBBS FRACP DCH MPH

Developmental and General Paediatrician at the NSIDHS, and also works in private practice in Sydney. She has expertise in managing complex behaviours of concern in children and adolescents with ID and autism and works in collaboration with schools for specific purposes in the Local Health District. Dr Vella also has a special interest in working with children in out of home care.

LEAH BALLIN | BA (Psych & Ed), GradDipSci (Psych) MPsych (Ed & Dev), MAPS, FCEDP

Educational and developmental psychologist at NSIDHS. Leah has experience providing psychology services across a range of settings having previously worked as a school psychologist, in private practice, as well as with NGOs as part of a multidisciplinary team. Leah also has particular experience in working with children who present with autism spectrum disorder, intellectual disability and cerebral palsy.

Learning Objectives:

- ◇ Recognise signs of anxiety in children and young people with an intellectual disability
- ◇ Determine the need for appropriate targeted anxiety intervention
- ◇ Identify age appropriate referral pathways and services
- ◇ Understand the role of psychological interventions in the management of anxiety
- ◇ Assess the potential role of medication in the management of anxiety

Register: <https://www.eventbrite.com.au/e/management-of-anxiety-in-children-young-people-with-an-id-tickets-199516608547>

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