SPEAK UP
FOR YOUR HEALTH

20 x $100 cashcards to be won*

What's up, or down, with health in your town?

Good health and good health services are essential.

Let's make them even better.

If you live on the NSW North Coast, we want to hear from you.

Please take our survey

CLOSES 16 SEPTEMBER 2021

HEALTHY NORTH COAST

phn NORTH COAST
An Australian Government Initiative

Speak UP
FOR YOUR HEALTH

We listened to YOU — this is how your voice has already made a difference...

In the 2018 Speak Up survey, participants provided feedback about difficulty accessing mental health and alcohol and other drug treatment services.

Because of this, we've been able to prioritise and work with our partners around these areas of need.

Some examples of how we've done this are:

- Funded a new service, Connect to Wellbeing – a single phone number where you can speak to someone directly to find the right mental health and/or alcohol and other drug treatment support options for you.
- Expanded alcohol and other drug treatment services for Aboriginal and Torres Strait Islander, rural and remote communities.
- Provided information and developed resources to GPs to help support vulnerable populations to manage their mental health and wellbeing, including youth, general population and the LGBTQI community.

And that's just to name a few.

Tell us about **your** health and service experiences in **your** town.

Together, we can continue to make a positive difference.

Learn more
hnc.org.au/speakup

The 2021 Speak Up health needs assessment survey is a Healthy North Coast initiative delivered through our PHN Program.

**Terms and conditions apply — see above link for more details.*