

# Repetitive Transcranial Magnetic Stimulation (rTMS)

A treatment using magnetic fields to stimulate brain cells to change the way patients think, feel and behave.

A proven Alternative to Antidepressant Treatment

**NOW AVAILABLE IN BANGALOW**



## Who is the treatment for?

This treatment is effective for people who experience severe depression and do not respond well to other forms of treatment, or for those who have become resistant to medication.

rTMS is not recommended for anyone who has seizures, is pregnant, under 18 years of age, or have had severe head injuries.

## Treatment information

- Drug free alternative to treating depression
- Course of 20 treatments
- Sessions conducted daily
- Full psychiatric assessment required to assess suitability
- Enquiries (07) 5525 9689

### About the treatment

rTMS is a procedure involving the focused application of magnetic energy to specific areas of the brain. Treatment consists of placing a coil next to the head targeting a precise region in the brain that regulates mood, a pulsed magnetic field is then repeated many times per second to stimulate nerve cells.

rTMS treatment is completely painless and does not incur many of the side effects associated with anti-depressant medications. Participants are administered a course of 20 treatments conducted on a daily basis and take between 20 to 45 minutes to complete. During treatment patients are awake and seated in a comfortable chair.

### When is it held?

Every day for a maximum duration of 45 minutes, over a course of 20 sessions.

### How to refer patients

Patients interested in this treatment will need a referral to a Psychiatrist for an initial consultation which at either Bangalow or Currumbin Clinic for a full initial assessment to see if this is a suitable treatment option. These can be faxed to (07) 5525 9686

### How much does it cost?

Participants will be required to pay for an initial consultation followed by an appointment for their RMT (Resting Motor Threshold).

Treatment for 20 sessions as an outpatient at Bangalow or Currumbin Clinic will cost \$3800. We ask that patients confirm any applicable out of pocket or gap costs directly.

**Currumbin**  
Clinic

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