



A Tweed Valley Clinical Society event

Treating and managing chronic pain

3.24 million Australians are living with chronic pain. Long-term continuing medication can have little effect, impacting on a person's physical, social and mental wellbeing and ultimately their quality of life. Prescription of analgesics and other medications in chronic pain is not the only management option available.

What to expect

CPD Bites is an opportunity to meet with other local health professionals, have a bite to eat, and learn bite-sized CPD. Come along to hear four different practitioner perspectives about living with and managing chronic pain. Dr Macintyre brings a unique perspective with her experience from both sides of the health care system – she has complex health conditions which have caused her lifelong chronic pain and she's worked as a health professional for more than 30 years.

Learning outcomes

- Describe the different interdisciplinary models of care for chronic pain management.
- Examine non-pharmacological strategies available to patients living with chronic pain.
- Identify local referral pathways for managing chronic pain in the Tweed Valley region.
- Identify the limited role of opioids in chronic non-cancer pain and ways in which to start a de-prescribing conversation.

Who should attend?

GPs and GP registrars, psychologists and any primary health care professional with an interest in improving outcomes for patients living with chronic non-cancer pain.

Wednesday 9 June 2021

6–8 pm

Babalou Weddings and Events
102 Marine Parade, Kingscliff

SPEAKERS

Dr Dawn Macintyre, clinical counsellor, chronic pain behaviourist, lived experience and author of *Living with Chronic Pain*

Dr Paul Cochrane, Masters-trained pain clinician, St Vincent's Hospital, Lismore

David Beveridge, nurse practitioner, Lismore Multidisciplinary Pain Management Clinic

Karen Drew, senior physiotherapist, Lismore Multidisciplinary Pain Management Clinic

FACILITATED BY

Dr Andy Williams, General Practitioner

Leanne Bryant, Workforce Manager, Healthy North Coast and Registered Nurse

Register Now

hnc.org.au/tvcs-chronic-pain

CPD POINTS

Certificates of attendance will be provided, and we encourage you to self-submit for CPD/PDP.

ENQUIRIES

02 6618 5445
education@hnc.org.au