



A Coffs Harbour & Bellingen Clinical Society Event

Chronic Pain Management

Chronic pain is a complex and often challenging condition to manage. It can range from mild to severe and can come and go or continue day after day. Evidence tells us that long-term use of opiates results in minimal improvements in pain measures, and there is little or no evidence for functional restoration. That's why it's important to look at non-pharmacological strategies and interdisciplinary chronic pain management.

What to expect

We'll kick off the evening with some dinner and networking before diving into a local patient story and panel discussion. We'll explore tools and resources, the use of multidisciplinary services to support patients living with chronic non-cancer pain, and the evidence around the efficacy and usefulness of different programs. The goal is to increase your confidence when assessing and managing chronic pain.

Learning outcomes

- Describe the different models of care for chronic pain management
- Examine non-pharmacological strategies available to patients with chronic pain
- Identify local referral pathways for chronic pain in the Coffs region
- Learn communication techniques for deprescribing conversations

Who should attend?

GPs and GP registrars, psychologists and any primary health care professional with an interest in improving outcomes for patients living with chronic non cancer pain.

Thursday 29 April 2021

6.00–8.00pm

C.ex Coffs

2-6 Vernon St, Coffs Harbour

FACILITATED BY

Dr Andy Williams, General Practitioner

Leanne Bryant, Workforce Manager, Healthy North Coast and Registered Nurse

SPEAKERS

Dr Adrian Gilliland, General Practitioner

Dr Zeshan Ali, Rehabilitation Medicine Physician

Mary Corbett-Whalan, CNC Team Coordinator, Coffs Harbour Chronic Pain Service

Register Now

hnc.org.au/chbcs-chronic-pain

CPD POINTS

Certificates of attendance will be provided, and we encourage you to self-submit for CPD/PDP.

ENQUIRIES

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