



Kempsey/Macleay Clinical Society

# Working Together to Manage Obesity

Kempsey has one of the highest rates of hospital admission in NSW where high body mass has been identified as a contributor. Join the Kempsey Macleay Clinical Society for its first face-to-face dinner event of 2021 and explore the challenges this presents to the Macleay community.

## What to expect

Michael Kemp from Keystone Health will lead the discussion, supported by a local GP, dietitian, exercise physiologist, clinical psychologist and Aboriginal health worker. The panel will discuss which services can be accessed, with time for Q&A with local service providers.

There will also be time to discuss the newly formed Kempsey Macleay Clinical Society and how you can get involved in CPD education for the Macleay region.

## Learning outcomes

By attending this clinical society meeting, you will be able to:

- Understand the impact of obesity on the local population
- Explore allied health options in the weight loss journey
- Refer to services available in the Macleay region

## Who should attend?

All primary care professionals supporting the management of obesity in the Kempsey Macleay region. This includes practice nurses and managers, GPs and their registrars, exercise physiologists, dietitians, physiotherapists, pharmacists and Aboriginal health workers.

**Wednesday 24 February 2021**

**6.00–8.15pm**

**Kempsey Macleay RSL**

### FACILITATED BY

**Michael Kemp**, Physiotherapist, Keystone Health

### SPEAKERS

**Zoe Brew**, Clinical Psychologist

**Peter Clarke**, Dietitian

**Tom Dickson**, Exercise Physiologist

**Michael Smith**, Aboriginal Health Worker

**Register Now**

[www.hnc.org.au/obesity-macleay](http://www.hnc.org.au/obesity-macleay)

### CPD POINTS

Certificates of attendance will be provided, and we encourage you to self-submit for CPD/PDP.

### VENUE

This venue is COVID-safe and a COVID-19 safety plan has been developed.

### ENQUIRIES

02 6618 5445  
[events@hnc.org.au](mailto:events@hnc.org.au)