PERINATAL ANXIETY AND DEPRESSION IS MORE COMMON THAN YOU THINK.



1 <u>№</u> 5

Expecting or new mums will be affected



1 <u>№</u> 10

Expecting or new dads will be affected

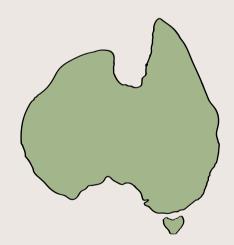


A significant number of

NON-BIRTH

PARENTS

experience similar rates of mental illness



Across Australia

100000

families will be impacted

EVERY

YEAR

PANDA'S NATIONAL PERINATAL MENTAL HEALTH HELPLINE

1300 726 306 9AM - 7.30PM MON - SAT (AEST/AEDT)

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