



Primary Care Impact

MediCoach Streamline, Engage and Prosper

For principal GPs, practice managers and practice nurses

MediCoach promotes care that is person centred, coordinated, cost efficient and aimed at achieving long-term health goals for patients.

Time-limited, topic specific, in-practice facilitation by Medicoach can assist you to make quality improvements from efficiently and sustainably.

What assistance is available?

Medicoach can provide in-practice learning and development to:

- Bring the team together to decide and commit to an improvement idea
- Plan, start and finish a quality improvement
- Implement templates for chronic disease recall and reminder systems or registers
- Educate and mentor clinicians on behaviour change, health coaching and care coordination
- Problem solve and co-design with the team changes to practice operations that will deliver greater patient centredness, care coordination and cost efficiency.

How does it work?

1. Request assistance through the Primary Care Impact website
2. Discuss your idea with your Primary Health Coordinator (contact details on the Primary Care Impact website).
3. Your Primary Health Coordinator will set up an introductory meeting with Kim Poyner of Medicoach to refine your topic and work out your learning outcomes. At the introductory meeting we will also check on how video conferencing will work for you, if you are holding your workshop remotely
4. When you are ready to proceed, a date and time will be locked in
5. Kim can immediately offer up to three hours of facilitation in discussion with you. If your needs are greater than this, Kim will discuss with your Primary Health Coordinator.

At the time of writing in-practice facilitation is by video conference due to COVID-19 restrictions but once these have lifted, face to face in-practice facilitation will be available.



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An initial conversation with Kim will focus on:

- What you would be the best use of our time together?
- What is working well?
- What has been a challenge?
- What ideas you have moving forward?

From there you will plan about how and when you want Kim to engage.

Kim will prepare the necessary learning module and/or accompanying resources for your idea.

The in-practice facilitation will then take place with follow up support for you to transform your idea into business as usual.

You will provide feedback about whether the experience increased your skill, confidence and/or competence (in the area you focused on during in-practice facilitation).