



## ENGAGING MEN ONLINE

Australia's only Course in Male Health Promotion

October 6 & 7 from 10.00 am - 1.00 pm

The **ENGAGING MEN** Male Health Promotion Training Course equips anyone who wants to work with men with knowledge and skills to work more effectively with males, with the aim of improving their health, wellbeing, and lives. The program recognises the challenges that men and boys face in today's world of rapid change and provides a space for men and women who work with men and boys to develop health promotion skills and strategies that are male friendly and effective. No previous experience or knowledge is required - only a willingness to learn, explore and grow.

The program combines evidence-based theory and practice with a focus on developing individual awareness and interpersonal and group skills. **ENGAGING MEN** is based in a social determinants of health model and is inclusive of our Aboriginal and Torres Strait Islander brothers' health and wellbeing needs. **ENGAGING MEN** identifies barriers in health care and offers potential and existing solutions to overcome these barriers in a range of health care settings. We discuss ways to make your service more men friendly.

**ENGAGING MEN FACILITATOR** Greg Millan is one of Australia's leading experts on men's health and wellbeing with over 38 years' experience in the men's health promotion area. He has developed and implemented many health programs, professional training sessions, and community events and developed resources covering a wide range of male health and wellbeing issues. Greg is a social work trained health educator, a Certified Workplace Trainer and an Affiliated Member of the Australian Association of Buddhist Counsellors and Psychotherapists. This training program has been developed by Greg based on his clinical research and community experience in working with men across Australia and overseas.

**EARLY BIRD RATE \$100 – ends September 1**

Registration after Sept 1 is \$150 for the two days of online training, provision of all training materials plus a comprehensive bank of men's health reports, kits and resources including a copy of my book *"Men's health and wellbeing: an a – z guide"*.

[Visit the website for Course Content and Registration Form](#)

Ring Greg 0417 772 390 or e [greg@menshealthservices.com.au](mailto:greg@menshealthservices.com.au)