



**COVID-19 Residential Aged Care
Facility Outbreak GP Framework**

Fact Sheet

Version 1.0 August 2020

Healthy North Coast acknowledges the traditional custodians of the lands across our region and pays respect to the Elders past, present and emerging. We recognise these lands were never ceded and acknowledge the continuation of culture and connection to land, sky and sea. We acknowledge Aboriginal and Torres Strait Islander peoples as Australia's First Peoples and honour the rich diversity of the world's oldest living culture.

COVID-19 Residential Aged Care Facility Outbreak GP Framework Fact Sheet

This fact sheet outlines Healthy North Coast's commitment to supporting general practitioner (GP) coverage in residential aged care facilities (RACFs) during a COVID-19 outbreak.

The response is represented through a mix of guidelines, tools and resources.

Partnering with GPs, RACF managers and key local health district (LHD) staff. The framework is based on learnings and experiences from the Sydney outbreaks in early 2020. To navigate the framework, work through the resources below in order.

1 COVID-19 RACF GP Framework Guidelines

The guidelines form the foundation document of the framework, outlining preparations, the GP coverage model and the response plan. Key to the response is the GP coverage model which, dependent on the size of the outbreak, determines the GP coverage.

SMALL OUTBREAK

In a small outbreak (1-2 cases), the resident's own GP will continue to provide coverage. The LHD physicians lead the clinical management.

LARGE OUTBREAK

In a large outbreak (3 cases and/or a loss of significant staff to self-isolation), Healthy North Coast will coordinate an onsite GP locum to provide clinical interventions for COVID-19 positive cases.

MULTI-SITE OUTBREAK

In a multi-site regional disaster where there are multiple RACFs in outbreak and the GP workforce cover will be the immediate team on the ground, an on-call roster and team leader functions will be used.

Each RACF, from within its GP team, appoints a GP team leader and develops a GP on-call roster. Both functions are outlined in the kit below.

The response plan in the guidelines provides a flow chart of how the GP coverage model is enacted.

2 COVID-19 RACF GP Framework Management Kit

The kit provides the GP team and RACF manager with assistance to localise the coverage model and appoint the GP team leader role. The kit can be used as an induction resource for the locum GP in an outbreak.

3 GP Preparation Tools

Preparation tools for GPs include the RACF COVID-19 Outbreak HealthPathway and the Primary Care Impact RACF GP preparation quality improvement activity.

GP Preparation Steps

1. Read the Healthy North Coast COVID-19 RACF GP Framework Guidelines.
2. Be familiar with the COVID-19 HealthPathways for RACFs.
3. Be familiar with the RACF Outbreak Plan.
4. Participate in the COVID-19 RACF GP Framework Management Kit completion.
5. Complete the Primary Care Impact – RACF COVID-19 GP preparation quality improvement activity.
6. Have these key documents ready if there is an outbreak.

RACF Managers Preparation Steps

1. Come to the RACF managers instruction session.
2. Read the Healthy North Coast COVID-19 RACF GP Framework Management Guidelines.
3. Lead the completion of the COVID-19 RACF GP Framework Management Kit.
4. Add the medical coverage to the RACF outbreak plan.