

# North Coast - Mental Health Supports for Bushfire

2019/20 - 2021/22

## Activity Summary View



### [BF - 1 - Frontline Emergency Distress and Trauma Counselling Activity]



#### Activity Metadata

**Applicable Schedule \***

Mental Health Supports for Bushfire

**Activity Prefix \***

BF

**Activity Number \***

1

**Activity Title \***

Frontline Emergency Distress and Trauma Counselling Activity

**Existing, Modified or New Activity \***

New Activity



#### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health

**Other Program Key Priority Area Description**

**Aim of Activity \***

Provide immediate counselling and other mental health services/interventions to support the needs of people experiencing distress or trauma as a result of the 2019-2020 bush fires in the NCPHN region including emergency response and front-line personnel.

**Description of Activity \***

- Trauma and distress counselling through appropriately qualified mental health clinicians for individuals, families and emergency personnel affected by the bushfires – up to 10 sessions through the following modalities: face to face, telephone, or video-telehealth.

- Free counselling sessions at or through referrals from Service Australia, LGA Recovery Centres, Evacuation Centres, BlaizeAid Camps and other services providing recovery information and support.
- Provide psychological brief intervention sessions to individuals and small groups by appropriately qualified mental health clinicians.
- Provide trauma debriefing/information sessions to communities, volunteer groups and employers/employees in fire affected regions to enhance skills for wellbeing and understanding the mental health issues associated with bush fire trauma and recovery.

## Needs Assessment Priorities \*

NCPHN Needs Assessment 2019/20-2021/22

### Priorities

Needs Assessment Priority	Page Reference
Mental Health	186



## Activity Demographics

### Target Population Cohort \*

Individuals and/or families, emergency personnel and front-line volunteers affected by the 2019-2020 bush fires

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments \*

## Coverage \*

### Whole Region

Yes

SA3 Name	SA3 Code
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## Activity Consultation and Collaboration

### Consultation \*

Mid North Coast LHD  
 Northern NSW LHD  
 Services Australia  
 Local Government  
 Office of Emergency Management Committees (MNC and NNSW)  
 Community Volunteer Groups

BlaizeAid  
Rural Fire Service

**Collaboration \***

Connect to Wellbeing Service (NCPHN Intake and Referral Service) – intake and referrals to mental health practitioners for trauma counselling services and telehealth services;  
MNC & NNNSW LHD – Coordination of bush fire response services with NCPHN throughout the region;  
Local Government Bushfire Coordinator's - Coordination of bush fire response services with NCPHN throughout the region;  
Services Australia – accept referrals and ensure coordination of bush fire response services with NCPHN throughout the region;  
Community Volunteer Groups - Coordination of bush fire response services with NCPHN throughout the region.



**Activity Milestone Details/Duration**

**Activity Start Date \***

**Activity End Date \***

29 Jun 2021

**Service Delivery Start Date**

November 2019

**Service Delivery End Date**

June 2021

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity: \*

**Not yet known:** No

**Continuing service provider / contract extension:** Yes

**Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date:** No

**Open tender :** No

**Expression of interest (EOI):** Yes

**Other approach (please provide details) :** No

**Is this activity being co-designed? \***

No

Is this activity the result of a previous co-design process? \*

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? \*

No

Has this activity previously been co-commissioned or joint-commissioned? \*

No

Decommissioning \*

No

Decommissioning Details? \*

Co-design or co-commissioning details \*



## [BF - 2 - Bushfire Trauma Response Coordinators Activity]



### Activity Metadata

Applicable Schedule \*

Mental Health Supports for Bushfire

Activity Prefix \*

BF

Activity Number \*

2

Activity Title \*

Bushfire Trauma Response Coordinators Activity

Existing, Modified or New Activity \*

New Activity



### Activity Priorities and Description

Program Key Priority Area \*

Mental Health

Other Program Key Priority Area Description

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**Aim of Activity \***

Bushfire Trauma Response Coordinator – Coordinate services for communities and people impacted by the bushfire to help them navigate access to the services they need. Develop coordinated linkages with other government and no government agencies and services to ensure integrated service pathways.

**Description of Activity \***

- Understanding the community context
- Recognising the complex and dynamic nature of emergencies and communities
- Using community-led approaches that are responsive, flexible, engaging communities and empowering them to move forward
- A planned, coordinated and adaptive approach based on continuing assessment of impacts and needs
- Effective communication with affected communities and other stakeholders
- Recognising, supporting and building on community, individual and organisational capacity.
- Plan programs which respond to the requirements of the community
- Ensure resources are applied efficiently, rather than in an adhoc manner
- Forecast outcomes and evaluate effectively to inform future work

**Needs Assessment Priorities \***

NCPHN Needs Assessment 2019/20-2021/22

**Priorities**

Needs Assessment Priority	Page Reference
Mental Health	186

**Activity Demographics****Target Population Cohort \***

Communities, individuals and/or families, emergency personnel and front-line volunteers affected by the 2019-2020 bush fires

**In Scope AOD Treatment Type \*****Indigenous Specific \***

No

**Indigenous Specific Comments \*****Coverage \*****Whole Region**

Yes

SA3 Name	SA3 Code
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## Activity Consultation and Collaboration

### Consultation \*

Mid North Coast LHD  
Northern NSW LHD  
Services Australia  
Local Government  
Office of Emergency Management Committees (MNC and NNSW)  
Community Volunteer Groups  
BlaizeAid  
Forestry Commission of NSW  
Rural Fire Service  
Dept. Primary Industry  
Dept Education  
Red Cross

### Collaboration \*

MNC & NNNSW LHD – Co-design and coordination of bush fire response Coordinator and associated services for with NCPHN throughout the region;  
Office of Emergency Management Committees (MNC and NNSW) - Coordination of bush fire response services with NCPHN throughout the region;  
Local Government Bushfire Coordinator's - Coordination of bush fire response services with NCPHN throughout the region;  
Services Australia –coordination of bush fire response services with NCPHN throughout the region;  
Community Volunteer Groups - Coordination of bush fire response services with NCPHN throughout the region.



## Activity Milestone Details/Duration

### Activity Start Date \*

16 Jan 2020

### Activity End Date \*

29 Jun 2022

### Service Delivery Start Date

February 2020

### Service Delivery End Date

June 2022

### Other Relevant Milestones



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: \*

Not yet known: No

**Continuing service provider / contract extension:** Yes

**Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date:** No

**Open tender :** No

**Expression of interest (EOI):** Yes

**Other approach (please provide details) :** No

**Is this activity being co-designed? \***

No

**Is this activity the result of a previous co-design process? \***

No

**Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? \***

No

**Has this activity previously been co-commissioned or joint-commissioned? \***

No

**Decommissioning \***

No

**Decommissioning Details? \***

**Co-design or co-commissioning details \***



## [BF - 3 - Expansion of Mental Health Services Activity]



### Activity Metadata

**Applicable Schedule \***

Mental Health Supports for Bushfire

**Activity Prefix \***

BF

**Activity Number \***

3

**Activity Title \***

Expansion of Mental Health Services Activity

**Existing, Modified or New Activity \***

Existing



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health

**Other Program Key Priority Area Description**

**Aim of Activity \***

Expand current mental health services in bushfire affected areas to support individuals to access low intensity short to medium mental health and wellbeing support.

**Description of Activity \***

- Service navigation
- Low intensity support through the commissioned New Access Support Services
- Provision of brief intervention strategies/counselling

**Needs Assessment Priorities \***

NCPHN Needs Assessment 2019/20-2021/22

**Priorities**

Needs Assessment Priority	Page Reference
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### Activity Demographics



**Target Population Cohort \***

Individuals and/or families, emergency personnel and front-line volunteers affected by the 2019-2020 bush fires

**In Scope AOD Treatment Type \*****Indigenous Specific \***

No

**Indigenous Specific Comments \*****Coverage \*****Whole Region**

Yes

SA3 Name	SA3 Code
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**Activity Consultation and Collaboration****Consultation \***

Mid North Coast LHD  
 Northern NSW LHD  
 Services Australia  
 Local Government  
 RAMHP  
 Education Department  
 NCPHN Commissioned Providers

**Collaboration \***

New Access Service (Bolton Clarke) – expansion of low intensity service to support bush fire affected areas in NCPHN  
 RAMHP - Coordination of low intensity bush fire response services with NCPHN throughout the region

**Activity Milestone Details/Duration****Activity Start Date \***

16 Jan 2019

**Activity End Date \***

29 Jun 2022

**Service Delivery Start Date**

January 2020

**Service Delivery End Date**

June 2022

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity: \*

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? \*

No

Is this activity the result of a previous co-design process? \*

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? \*

No

Has this activity previously been co-commissioned or joint-commissioned? \*

No

Decommissioning \*

No

Decommissioning Details? \*

Co-design or co-commissioning details \*



## [BF - 4 - Supporting Communities in Recovery Community Grants Activity]



### Activity Metadata

#### Applicable Schedule \*

Mental Health Supports for Bushfire

#### Activity Prefix \*

BF

#### Activity Number \*

4

#### Activity Title \*

Supporting Communities in Recovery Community Grants Activity

#### Existing, Modified or New Activity \*

New Activity



### Activity Priorities and Description

#### Program Key Priority Area \*

Mental Health

#### Other Program Key Priority Area Description

#### Aim of Activity \*

Provide support and facilitation expertise to bush fire affected communities to provide activities and services to build resilience, social connectedness, suicide prevention and recovery within their own environment through a community grants program

#### Description of Activity \*

- Plans for recovery activities will include representatives of those who were affected by the bushfire event in every stage of the recovery process.
- Interventions based on enhancing existing strengths of the individual family and community and on building resilience.
- Using and enhancing existing services as this ensures sustainable support for those affected.
- Using community-led approaches that are responsive, flexible, engaging communities and empowering them to move forward
- Support development of community led mental health, social and emotional wellbeing and healing programs.
- Evidenced by need identified from within the local community

#### Needs Assessment Priorities \*

NCPHN Needs Assessment 2019/20-2021/22

#### Priorities



## Activity Demographics

### Target Population Cohort \*

Communities affected by the 2019-2020 bush fires in NCPHN region

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments \*

### Coverage \*

#### Whole Region

Yes

SA3 Name	SA3 Code
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## Activity Consultation and Collaboration

### Consultation \*

Mid North Coast LHD  
 Northern NSW LHD  
 Services Australia  
 Local Government bush fire Recovery Officers  
 Office of Emergency Management Committees (MNC and NNSW)  
 Community Volunteer Groups  
 BlaizeAid Camp Coordinators  
 Forestry Commission of NSW  
 Rural Fire Service – local brigades  
 Dept. Primary Industry – local offices  
 Dept Education and local schools  
 Red Cross - local branches

### Collaboration \*

Mid North Coast LHD  
 Northern NSW LHD  
 Services Australia  
 Local Government bush fire Recovery Officers  
 Office of Emergency Management Committees (MNC and NNSW)  
 Community Volunteer Groups  
 BlaizeAid Camp Coordinators

Forestry Commission of NSW  
Rural Fire Service – local brigades  
Dept. Primary Industry – local offices  
Dept Education and local schools  
Red Cross - local branches

- Plan and facilitate programs which respond to the requirements of the community
- Ensure resources are applied efficiently, rather than in an ad hoc manner
- Understand community need and expectation



## Activity Milestone Details/Duration

### Activity Start Date \*

01 Mar 2020

### Activity End Date \*

29 Jun 2021

### Service Delivery Start Date

April 2020

### Service Delivery End Date

June 2021

### Other Relevant Milestones



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: \*

Not yet known: Yes

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): Yes

Other approach (please provide details) : No

Is this activity being co-designed? \*

Yes

Is this activity the result of a previous co-design process? \*

Yes

**Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? \***

No

**Has this activity previously been co-commissioned or joint-commissioned? \***

No

**Decommissioning \***

No

**Decommissioning Details? \***

**Co-design or co-commissioning details \***

Co-design with the communities affected by bush fire is the cornerstone for building social connectedness, community empowerment and better outcomes as a result.

Therefore, a community development approach for co-design is imperative. This will ensure that the activities will be in the community context by recognising and supporting the strengths of the community.