

Registrations now open!

Core Essentials of Clinical Supervision in Mental Health Care

with Cory F Newman, Ph.D.

Thursday December 12th, 2019, 8.30am – 4.30pm

University Centre for Rural Health 61 Uralba St Lismore

About the workshop

Drawing on recent findings from evidence-based programs, this workshop will highlight the essential contents and processes of supervision:

- ✓ The supervisory relationship,
- ✓ The chief responsibilities and teaching methods of a supervisor,
- ✓ Promoting ethical behavior and cross-cultural sensitivity in supervisees,
- ✓ Facilitating supervisee competency in delivering a high standard of care to their patients,
- ✓ Managing important administrative tasks, including providing feedback and formal evaluations in a timely, constructive manner.



Multi-modal aspects of the methods of supervision will be highlighted, including didactic teaching, audio-visual recordings, role-modeling, and role-playing.

Participants will view and discuss a demonstration video of supervision, and will have the opportunity to engage in role-playing. Interactive discussion of challenging supervision scenarios will be utilized, along with didactics.

Your presenter: Cory F Newman, Ph.D.

Course objectives and presenter bio overleaf.

Who should attend

This workshop is designed for all mental healthcare professionals who anticipate or have recently commenced providing supervision to trainees, as well as more experienced supervisors who are looking for a refresher course in supervision.

Register here: <https://sydney.onestopsecure.com/onestopweb/UCRH20>

Your investment: \$90 (Including GST)

The UCRH is heavily subsidising this course, with thanks for all you do 😊.

The course will be fully catered.

Please email larisa.barnes@sydney.edu.au for more information.



Core Essentials of Clinical Supervision in Mental Health Care

With Cory F Newman, Ph.D.

Thursday December 12th, 2019, 8.30am – 4.30pm

Workshop objectives

Participants will learn:

1. To enact the multiple responsibilities of a clinical supervisor, and to impart high-priority skills, knowledge, and professional attitudes to clinical trainees.
2. To model ethical behavior, cross-cultural sensitivity, and relational skills to trainees.
3. To teach trainees to conceptualize cases and use evidence-based methods competently.
4. To evaluate and give feedback to trainees.

Your presenter: Cory F Newman, Ph.D.

Cory F. Newman, Ph.D. is Director of the Center for Cognitive Therapy, Professor of Psychology, in Psychiatry at the University of Pennsylvania Perelman School of Medicine (in Philadelphia, Pennsylvania, USA), and Adjunct Faculty at the Beck Institute for Cognitive Behavior Therapy.

Dr. Newman did his postdoctoral training under the mentorship of Dr. Aaron T. Beck, and he is a Founding Fellow of the Academy of Cognitive Therapy.



Dr. Newman has maintained a full clinical caseload and has extensive experience as a supervisor, having supervised over 350 professionals-in-training, both at the University of Pennsylvania, and through the Beck Institute's international training programs. Dr. Newman has served as a protocol CBT therapist and supervisor in psychotherapy outcome studies on the treatment of borderline personality disorder, avoidant and obsessive-compulsive personality disorders, major depression, substance misuse, panic disorder, generalized anxiety disorder, and other clinical problems. Dr. Newman has presented approximately 250 cognitive-behavioral therapy workshops and seminars at home in the USA, as well as in twenty-two other countries.

Dr. Newman is author of over 100 articles and chapters on cognitive-behavioral therapy for a wide range of clinical problem areas, and has authored or co-authored six books, including *Core Competencies in Cognitive-Behavioral Therapy: Becoming an Effective and Competent Cognitive-Behavioral Therapist*; and *Supervision Essentials for Cognitive-Behavioral Therapy*.

Recommended readings:

Corrie, S., & Lane, D. A. (2015). CBT supervision. London, United Kingdom: Sage.

Milne, D. (2009). Evidence-based clinical supervision: Principles and practice. Leicester, United Kingdom: BPS Blackwell.

Newman, C. F., & Kaplan, D. A. (2016). Supervision essentials for cognitive-behavioral therapy. Washington: American Psychological Association.

Sudak, D. M., Codd, R. T., Ludgate, J., Sokol, L., Fox, M. G., Reiser, R., & Milne, D. L. (2015). Teaching and supervising cognitive-behavioral therapy. Hoboken, NJ: Wiley.