



Northern NSW LHD visit February 2019

Wednesday 6 th February		
Women's Care Unit – Training Room Grafton Base Hospital	Presentation – <i>Get Healthy in Pregnancy (GHIP)</i>	2:30 – 3:30pm
	Workshop – How can <i>GHIP</i> be more effective for Aboriginal mothers-to-be?	3:30 – 4:30pm
Thursday 7 th February		
Room TBC Bryon Central Hospital	Presentation – <i>Get Healthy in Pregnancy (GHIP)</i>	8:00 - 9:00am
	Workshop – How can <i>GHIP</i> be more effective for Aboriginal mothers-to-be?	9:00 - 10:00am
Women's Care Unit – Training Room Lismore Base Hospital	Presentation – <i>Get Healthy in Pregnancy (GHIP)</i>	2:00 – 3:00pm
	Workshop – How can <i>GHIP</i> be more effective for Aboriginal mothers-to-be?	3:00 – 4:00pm
Friday 8 th February		
Room TBC Murwillumbah District Hospital	Presentation – <i>Get Healthy in Pregnancy (GHIP)</i>	8:30 - 9:30am
	Workshop – How can <i>GHIP</i> be more effective for Aboriginal mothers-to-be?	9:30 - 10:30am

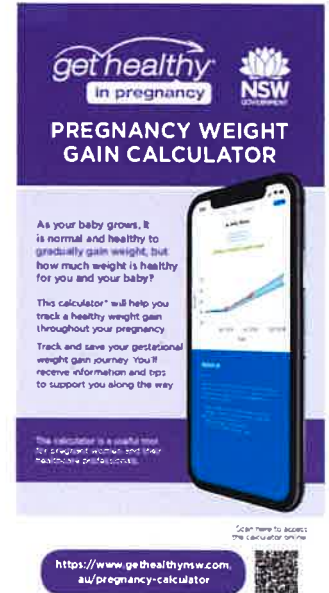
1. Presentation – Get Healthy in Pregnancy

Get Healthy in Pregnancy has had an exciting year – with improved engagement in NNSWLHD Maternity sites!

84% of our graduates stay within or under the IOM guidelines – we are getting great results!

Starting July 2019 there will be KPI's for referrals in to the service. Continued quality referrals into the service are essential.

Come along to learn about how to use the new FREE Pregnancy weight gain calculator in the clinical setting, and how to refer effectively.



2. Workshop – How GHIP can be more effective for Aboriginal mothers-to-be

NNSW AHW's and Midwives were instrumental in helping us breaking down barriers in our Aboriginal Get healthy in Pregnancy service. Some improvements have been made, but many barriers still exist.

We are now building a proposal to tailor a program that better meets the needs of our Aboriginal women and their families. Want a say in how this program is designed? Come to the workshop and share your valuable ideas & get a sneak peek of our new Aboriginal logos & branding!