

Addressing Eating Disorders in Primary Care

COFFS HARBOUR

WHEN	Wednesday 6 March 2019 6:00pm casual dinner & registration 6:30pm-8:30pm workshop
VENUE	Opal Cove Resort Coffs Harbour Opal Boulevard, Korora NSW 2450
REGISTER	http://bit.ly/COFFSHARBOUR or Events page at www.nedc.com.au
COST	FREE - registration essential
GUEST SPEAKER	NEDC are delighted to host guest speaker Ute Morris, NSW Health Mid-North Coast LHD Eating Disorder Coordinator.

LEARNING OUTCOMES

- Recognise and respond to the myths, prevalence, risk factors, comorbidities, and warning signs of eating disorders
- Apply practical evidence based strategies in the prevention, early identification and management of eating disorders
- Explain essential elements of care and recovery, and implement multidisciplinary strategies to improve client health outcomes
- Identify evidence-based eating disorders resources, referral pathways and specialised support services

The **National Eating Disorders Collaboration (NEDC)** and **North Coast PHN** invite *all* medical and health professionals to a **FREE** introductory education evening covering:

- ✓ screening and assessment
- ✓ management and treatment
- ✓ recovery and essential elements of care
- ✓ supporting patient and carers
- ✓ referral pathways and support services

Eating disorders affect approximately 9% of Australians; have one of the highest mortality rates of any mental illness; and require a multidisciplinary approach.

When armed with the right information, screening and referral tools, GPs, psychologists, dietitians and primary care professionals play an important role in early identification and supporting recovery.

NEDC is funded by the Australian Government Department of Health with a primary purpose to make evidence-based information more accessible in order to improve the prevention, early intervention and management of eating disorders in Australia.

ENQUIRIES

NEDC: Bronwyn Scott P: 02 9412 4499

E: bronwyn.scott@thebutterflyfoundation.org.au

This activity has previously been allocated 4 Category 2 points under the 2017-2019 RACGP QI&CPD Program.

