

2019 Mental Health CPD Opportunities, Let Us Know Which Course You'd Prefer...

Advanced Training in Suicide Prevention
Multidisciplinary Workshop

Duration
A full day (8am to 5pm) on the 14th of March 2019

Program Outline
Our new workshop aims to increase health professionals' skills and confidence in taking a detailed suicide history and identifying suicidal ideation management plans to increase the safety of people presenting suicide. The workshop provides practical tools for health professionals managing the acute suicidal risk, can offer suicide prevention and support to people experiencing suicidal ideation.

Topics Covered

1. Suicide and Risk
2. The Suicide Cycle
3. Risk Management
4. After the Crisis
5. Recovery & Support

Learning Objectives

- Understand a suicide risk assessment and effectively manage suicidal ideation
- Develop a collaborative safety plan
- Implement a team approach to patient planning
- Provide effective management following a suicide attempt
- Respond to the needs of people bereaved by suicide

Accreditation

- 40 RACGP/ACACF Category 1 Points
- 20 ACCM (MHD)
- 40 Australian CPD (GPHMG)
- 4 Hours CPD (Australia)

Prerequisites
Completion of pre-booking activity.

Request a Quote
Contact your Health Professional Education Team at education@blackdoginstitute.com

Advanced Suicide Prevention

Dealing with Depression in Rural Australia
Mental Health Skills Training, Category 1-40 CPD Points, 6 Hours CPD

Duration
The morning, lunch and afternoon

Program Outline
Depression is a common condition frequently managed in primary care. Identifying and managing depression in a rural setting presents a unique set of challenges for health professionals working in rural and remote areas. This workshop is designed to address the needs of rural health professionals to improve their skills in identifying and managing depression in rural Australia. The program includes a case study, a role play, and a group activity to address the needs of rural health professionals to improve their skills in identifying and managing depression in rural Australia.

Topics Covered

- Assessment and Diagnosis
- Management
- Discharge and Referral
- Supportive Care
- Safety Planning
- Suicide Risk Assessment
- Suicide Prevention
- Suicide Bereavement
- Suicide Risk Assessment
- Suicide Prevention
- Suicide Bereavement

Accreditation

- 40 RACGP/ACACF Category 1 Points
- 20 ACCM (MHD)
- 40 Australian CPD (GPHMG)
- 4 Hours CPD (Australia)

Request a Quote
Contact your Health Professional Education Team at education@blackdoginstitute.com

Dealing with Depression in Rural Australia



North Coast Primary Health Network is pleased to call for expressions of interest in 2019 training opportunities for health professionals on offer through the Black Dog Institute. This training is Commonwealth funded. Because we want to offer the most relevant training for you, we'd welcome your input. We can only run one of these courses in each region. Both courses are eligible for CEP points. It is proposed that the workshops will be held in March 2019. There are only 25 places per workshop at a cost of \$25 per participant. Places will be allocated on a first in basis to those who express an interest.

Register your interest for your selected event at:
www.ncphn.org.au/your-choice

