



Kingscliff - 9 May 2018

Health Coaching – Chronic Disease

NCPHN invites nurses and Aboriginal health workers in chronic disease management

Gain valuable knowledge, skills and tools to guide patients towards behaviour change.

Presenter:

Kim Poyner, MediCoach

APNA award winner and presenter

Kim provides practical advice and mentorship on how to activate self-management in patients

Learning objectives:

1. Develop coaching and communication skills to engage the most complex patients
2. Help patients with proactive management of their chronic health condition
3. Guide the patient through stages of behaviour change
4. Interactive learning based on chronic disease patient case studies
5. Set SMART goals appropriate to the patient's readiness to change



Wednesday 9 May 2018

2:00pm Registration

2.30pm: Presentation

5:30pm: Questions/Close



Enquiries & more information:

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Kingscliff Beach Bowls Club

131 Marine Parade, Kingscliff



Please RSVP by 4 May 2018 at:

<https://healthcoachingk.eventbrite.com.au>

This activity has been endorsed by APNA according to approved quality standards criteria.

Completion of this educational activity entitles eligible participants to claim up to 3.5 CPD hours.

