North Coast - Drug and Alcohol Treatment Services
2025/26 - 2027/28
Activity Summary View

AOD - 1 - Increase access to culturally appropriate treatment for Aboriginal and Torres Strait Islander people

Activity Metadata

Applicable Schedule *

Drug and Alcohol Treatment Services

Activity Prefix *

AOD

Activity Number *

1

Activity Title *

Increase access to culturally appropriate treatment for Aboriginal and Torres Strait Islander people

Existing, Modified or New Activity *

Existing

Activity Priorities and Description

Program Key Priority Area *

Alcohol and Other Drugs

Other Program Key Priority Area Description

Aim of Activity *

The Activity aims to increase the delivery and integration of holistic, trauma informed strategies that work to reduce the impact of social and emotional factors contributing to alcohol and/or other drug related harms among Aboriginal and Torres Strait Islander people.

The Activity will work closely with mental health and chronic disease services to enable the early identification and culturally appropriate treatment for Aboriginal and Torres Strait Islander people with physical and mental health challenges, who have co-occurring AOD related harms.

Description of Activity *

Healthy North Coast have directly commissioned the Aboriginal Controlled Health Organisations across the North Coast, to deliver specialist and localised drug and alcohol treatment services to Aboriginal and or Torres Strait Islander people across the region. Through the program, consumers can access drug and alcohol treatment services and care coordination to support engagement with supports that aid recovery and, if required, support to navigate health systems for ambulatory or relapse prevention treatment.
The drug and alcohol treatment service provision sits alongside the Aboriginal Social and Emotional Wellbeing program, ensuring culturally safe care, which considers needs across the domains of Aboriginal and Torres Strait Islander health and wellbeing.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 20206/27

Priorities

Priority	Page reference
Reduce alcohol consumption to reduce alcohol-related risks and hospitalisations	149
Improve access to culturally appropriate, timely and cost-effective primary health care services for Aboriginal peoples in the North Coast region	148
Explore opportunities to improve mental health and reduce alcohol and other drugs use in Aboriginal communities	141
Increase health check and follow up rates for Aboriginal peoples to improve management and early detection of chronic disease	141
Improve access to appropriate alcohol and other drugs services to reduce wait times	142
Enhance access to mental health services and reduce wait times, particularly for psychological therapies, to alleviate mental health issues	142



Activity Demographics

Target Population Cohort

Aboriginal and Torres strait Islander peoples

In Scope AOD Treatment Type *

Counselling

Indigenous Specific *

Yes

Indigenous Specific Comments

Direct approach to Community Controlled Health Organisations. Aboriginal Controlled Community Organisations are delivering drug and alcohol treatment support to Aboriginal and Torres Strait Islander people across their local service area, operating under social and emotional wellbeing programs, to support whole of health and wellbeing improvement in health outcomes.

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
Port Macquarie	10804
Kempsey - Nambucca	10802
Richmond Valley - Coastal	11201
Clarence Valley	10401
Tweed Valley	11203
Richmond Valley - Hinterland	11202
Coffs Harbour	10402



Activity Consultation and Collaboration

Consultation

Aboriginal and Torres Strait Islander Elders, Aboriginal Community Controlled Health Services and Aboriginal and Torres Strait Islander community leaders will be actively consulted and involved in the co-design of services to meet the needs of their community members.

Collaboration

To be confirmed following comprehensive consultation and co-design processes with key partners and stakeholders.



Activity Milestone Details/Duration

Activity Start Date

01/07/2020

Activity End Date

30/06/2027

Service Delivery Start Date

July 2020

Service Delivery End Date

30 June 2027

Other Relevant Milestones

Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): Yes
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Initial discussions with Aboriginal Community Controlled Health Services, Aboriginal Service Providers and Aboriginal and Torres Strait Islander leaders to assess local needs, barriers and enablers.
Utilise Comprehensive Needs Assessment Data to address gaps and identify suitable interventions to improve health outcomes
Utilise literature, reform and recommendations to seek suitable solutions
Co-design and co-create interventions/services that will best meet the needs of the community or to localise existing evidence-based models/activity.
EOI to Aboriginal Community Controlled Health Services, organisations and group process will follow

Is this activity in scope for data collection under the Alcohol and Other Drug Treatment Services?

Yes

AOD - 3 - AOD 3: Reduce the number of young people experiencing alcohol and or drug related harms

Activity Metadata

Applicable Schedule *

Drug and Alcohol Treatment Services

Activity Prefix *

AOD

Activity Number *

3

Activity Title *

AOD 3: Reduce the number of young people experiencing alcohol and or drug related harms

Existing, Modified or New Activity *

Existing

Activity Priorities and Description

Program Key Priority Area *

Alcohol and Other Drugs

Other Program Key Priority Area Description

Aim of Activity *

The aims of the Drug and Alcohol Treatment Program are to:
• Increase withdrawal safety and management of substance dependence
• Reduce the number of young people experiencing alcohol and other drug related harms
• Reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
• Support outpatient withdrawal management services and recovery supports.

Description of Activity *

AOD Youth Program - stepped care level 1,2,3 and 4.
Description of service
Community-based service for individuals aged 12-24 years with AOD and/or comorbid mental health
The provider will deliver prevention, education and early intervention programs along with individual counselling, case management and group programs. Activity includes DATSM allocation.
The program will offer family, carer and advocate engagement in treatment, with consent of the client.
Interventions
• Psychoeducation
• Case management
• Behavioural activation

- Social support groups and activities
- Self-help groups such as SMART recovery
- Community Connector
- Counselling

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 20206/27

Priorities

Priority	Page reference
Facilitate opportunities for individuals and communities to participate in preventative health activities	146
Improve access to health services for children and adolescents to better address their health needs	144
Improve access to appropriate alcohol and other drugs services to reduce wait times	142



Activity Demographics

Target Population Cohort

- Young people (aged 12 to 25yrs) who are experimenting with alcohol or other drug (AOD) use
- Young people (aged 12 to 25yrs) who are experiencing harms as a result of their AOD use
- Young people (aged 12 to 25yrs) who are at high risk of escalating their AOD use
- Families of young people (aged 12 to 25yrs) participating in the counselling service
- People working with young people (aged 12 to 25yrs) with AOD issues.

In Scope AOD Treatment Type *

- Early intervention (including Brief Intervention)
- Counselling
- Case management, care planning, and coordination
- Information and Education

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

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Coffs Harbour	10402



Activity Consultation and Collaboration

Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region.

Collaboration

The commissioned services will continue to collaborate with a wide range of health and social service providers to improve the care and coordination of services to meet client needs.



Activity Milestone Details/Duration

Activity Start Date

01/07/2019

Activity End Date

30/06/2027

Service Delivery Start Date

July 2019

Service Delivery End Date

30/06/2027

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

N/a

Is this activity in scope for data collection under the Alcohol and Other Drug Treatment Services?

Yes

AOD - 4 - Reduce barriers to accessing allied health counselling services for vulnerable community members

Activity Metadata

Applicable Schedule *

Drug and Alcohol Treatment Services

Activity Prefix *

AOD

Activity Number *

4

Activity Title *

Reduce barriers to accessing allied health counselling services for vulnerable community members

Existing, Modified or New Activity *

Existing

Activity Priorities and Description

Program Key Priority Area *

Alcohol and Other Drugs

Other Program Key Priority Area Description

Aim of Activity *

The aims of the Drug and Alcohol Treatment Program are to:
• Increase withdrawal safety and management of substance dependence
• Reduce the number of young people experiencing alcohol and other drug related harms
• Reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
• Support outpatient withdrawal management services and recovery supports.

Description of Activity *

The Buttery will deliver the Drug and Alcohol Treatment Program through a 5-point stepped care approach
Entry points into the Drug and Alcohol Treatment Program will be via:
• Hub/spokes in both the Drug and Alcohol Treatment Program and Primary Mental Health Program
• Clinical Care Navigators, Peer Advocates and Community Connectors
• Medicare Mental Health Intake, Assessment and Referral Service for outbound referrals

Once entering the service, the provider will undertake a comprehensive assessment and develop a care plan and link the client with Drug and Alcohol Treatment Program Spoke Treatment Services funded by HNC.
AOD Counselling Program - Stepped care level 2,3 and 4

Description of service
Community-based service for people over the age of 18 years.
The program will offer individual counselling and case management support to people with AOD and mental health concerns along with support in a group setting.
The program will focus on withdrawal safety and engaging parent, supports and carers in the treatment, with the client's consent.
Interventions
• Motivational interviewing
• Psychoeducation
• CBT based interventions
• DBT skills training and counselling
• Acceptance and Commitment Therapy
• Social Support Groups
• Psychoeducation groups
• Therapeutic interpersonal process groups
• Self-help groups such as SMART recovery
• Community Connector

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 20206/27

Priorities

Priority	Page reference
Reduce alcohol consumption to reduce alcohol-related risks and hospitalisations	149
Collaborate with local agencies, communities and services to improve inclusive access to health and wellbeing services and activities in the North Coast	152
Explore opportunities to improve mental health and reduce alcohol and other drugs use in Aboriginal communities	141
Improve access to appropriate alcohol and other drugs services to reduce wait times	142



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

• Motivational interviewing
• Psychoeducation
• CBT based interventions.
• DBT skills training and counselling
• Acceptance and Commitment Therapy
• Social Support Groups
• Psychoeducation groups

• Therapeutic interpersonal process groups
• Self-help groups such as SMART recovery
• Community Connector
• Counselling

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

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Activity Consultation and Collaboration

Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region.

Collaboration

The programs will continue to maintain referral pathways, formal partnerships and/or MOUs with: local GPs, NCPHN psychological and AOD commissioned services, employment services; MNC and NNSW Local Health Districts; schools; and high school.



Activity Milestone Details/Duration

Activity Start Date

01/07/2019

Activity End Date

30/06/2027

Service Delivery Start Date

July 2019

Service Delivery End Date

30/06/2027

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

N/a

Is this activity in scope for data collection under the Alcohol and Other Drug Treatment Services?

Yes

AOD - 5 - Outpatient withdrawal management services and aftercare services

Activity Metadata

Applicable Schedule *

Drug and Alcohol Treatment Services

Activity Prefix *

AOD

Activity Number *

5

Activity Title *

Outpatient withdrawal management services and aftercare services

Existing, Modified or New Activity *

Modified

Activity Priorities and Description

Program Key Priority Area *

Alcohol and Other Drugs

Other Program Key Priority Area Description

Aim of Activity *

The aim of the Drug and Alcohol Treatment Program is to:
• Increase withdrawal safety and management of substance use disorder
• Reduce the number of young people experiencing alcohol and other drug related harms
• Reduce barriers to accessing drug and alcohol treatment services such as counselling for vulnerable populations; and
• Support outpatient withdrawal management services and recovery supports.

Description of Activity *

Alcohol and Other Drugs Relapse Prevention
• Supports people to re-engage with education, employment; housing services; and/or family/community. The service also supports GPs managing people with alcohol and other drug dependence who are at risk of relapse.
Modified Activity
The Drug and Alcohol Treatment program will align with the Primary Mental Health Programs Hub and Spoke model of care, offering a comprehensive whole of health approach to wellness where hub(s) locations have specialist, multidisciplinary integrated care teams and spokes to facilitate delivery of these services across isolated, regional, rural and/or remote geographical locations in the North Coast region.
The provider will deliver community-based, outpatient, withdrawal management support for individuals with low to moderate risk of complicated withdrawal symptoms and or mental health concerns.

The provider will support post-withdrawal management planning at commencement of engagement and through withdrawal episode.
The provider will work with the client to ensure care is managed in a community setting and escalate client to tertiary care if higher level supports are needed.
By working collaboratively with the Ministry of Health and Mid North Coast Local Health District, the Drug and Alcohol Treatment Program will include coordination and care in the primary care setting to support Opioid Treatment Prescribing Programs and opioid related treatment in the community.
Interventions
• Supportive care
• Pharmacotherapy management
• Ongoing assessment and monitoring
• Assertive follow-up
• Community connector
• Counselling

New Activity
Delivery of a targeted Opioid Treatment Prescribing Primary Care program that aims to strengthen the coordination and delivery of care for people experiencing opioid related use. The program focuses on connecting health and care systems, to provide accessible, integrated treatment and ongoing support for patients. The program works collaboratively across general practice, community pharmacy and tertiary health services, supporting stronger integration, shared care planning and coordinated treatment pathways. By bringing local services together, the program seeks to improve continuity of care, enhance clinical management, and ensure patients receive timely and appropriate treatment and support.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 20206/27

Priorities

Priority	Page reference
Reduce alcohol consumption to reduce alcohol-related risks and hospitalisations	149
Reduce smoking rates in the North Coast	148
Improve integration of services, continuity of care and consumer/provider experience	145
Improve access to appropriate alcohol and other drugs services to reduce wait times	142



Activity Demographics

Target Population Cohort

• People, aged 18 to 65 years, being managed by a GP
• People, aged 18 to 65 years, recently discharged from inpatient drug and alcohol treatment
• People, aged 18 to 65 years, leaving rehabilitation services who need longer support to reduce the risk of relapse.

In Scope AOD Treatment Type *

• Aftercare / Relapse Prevention
• Case management, care planning, and coordination
• Information and education

• Workforce development, capacity building, including supporting the workforce through activities which promote joint up assessment and referral pathways, quality improvement, evidence based treatment, and service integration.

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
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Richmond Valley - Coastal	11201
Clarence Valley	10401
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Coffs Harbour	10402



Activity Consultation and Collaboration

Consultation

The approach to service models and subsequent commissioning activity was led by the outcomes of the ideas and insights of stakeholders, including people with lived experience and service providers across the region.

Collaboration

Formal professional alliances and partnerships exist with NNSW LHD and Mid-North Coast LHD including MOU's, co-location of staff, formal referral pathways, and shared clinical reviews and training.



Activity Milestone Details/Duration

Activity Start Date

01/07/2019

Activity End Date

30/06/2027

Service Delivery Start Date

July 2019

Service Delivery End Date

30/06/2027

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

N/a

Is this activity in scope for data collection under the Alcohol and Other Drug Treatment Services?

Yes
